

MINUTES
COMMISSION ON AGING
THE SUMMIT
2975 Esplanade, Grand Prairie, TX 75052
December 11, 2019
10:30 A.M.

Members Present

Don Smarto, Gary Hill, Freddie Evans, Lorraine Rose, Barbara Thomas, Carlton Adams, Ann Hunter, Robert Murphy, and AARP Representative Lee Lee Lee

Members Absent - James Overton Citizens Present - 8

CALL TO ORDER- at 10:31 am by Carlton Adams

APPROVAL OF SEPTEMBER PLANNING MEETING MINUTES - Motion was made by Don Smarto to approve the September planning meeting minutes and seconded by Gary Hill.

STANDING UPDATES

- a. General Manager of Summit gave the Summit report: There were 250 attendees at the Veterans Lunch in November and about 150 attendees for the dance that followed. All 200 seniors from Dalworth and Heritage Nursing homes have been adopted from the Angel Tree at the Summit. About 200 people attended the Get Fit Grand Prairie Health Fair on December 6, 2019. The Summit Bazaar will take place on December 13, 2019. The Summit will be closing early on December 23rd and December 31st at 6 pm. The Summit will be closed all day on January 1st.
- b. Nutrition program meals for November – 1,837 meals served

PRESENTATIONS

- a. Meals on Wheels and More presentation brought to us by Keith Harrison. Meals on Wheels has been in Tarrant County for 47 years now. They serve approximately one-million meals every year with the help from their 5,000+ volunteers. There is more to Meals on Wheels. They also provide programs such as: Friend to Friend where people go visit and socialize with clients, Companion Pet where they deliver dog or cat food for your furry friend, and Service help where people can install wheelchair ramps, grab bars, and so much more to make your home accessible to you. To learn more or refer someone to Meals on Wheels you can visit mealsonwheels.org.
- b. AARP Hot Topics: Lee Lee Lee – After the Scam. A few tips to follow if you are being scammed include: freezing your credit card if lost or stolen to prevent further fraud, reporting the scam to the Federal Trade Commission (www.ftc.gov), reporting the scam to Texas Attorney General, and creating a safety plan by befriending someone trustworthy to look after you. Lastly, do not be embarrassed about being scammed, we are all susceptible to it. Seek help and solutions from the good people around you.

CITIZEN COMMENTS – No citizens' comments.

PRAYER – by Don Smarto

ADJOURNMENT – Motion made to adjourn meeting at 11:45am by Gary Hill and seconded by Robert Murphy.

Jaclyn Gunderson - Reporting Secretary