

CANCELLED

AGENDA COMMISSION ON AGING CITY COUNCIL BRIEFING ROOM City Hall - 300 W. Main Street, Grand Prairie, Texas 75050 November 18, 2020 at 10:30 – 11:30 A.M.

CALL TO ORDER

PRAYER

Item #1 APPROVAL OF MINUTES – October 14th Meeting

Item #2 SMART (specific, measurable, attainable, realistic, timely) GOALS – discuss the "how"

1. Define who we are as a commission & what we plan to do in 2020

- a. Gain visibility in the Grand Prairie community by attending as many face-to-face activities as possible and increasing our marketing efforts.
- b. Change the "senior" mindset into an "active adult" mindset.
- c. Create and engage in realistic programs that assist our aging population.
- d. Understand limitations and time constraint of the commission but utilize the strengths of one another to create meaningful active adult programs.
- 2. Narrowing our focus
 - a. Participate in employee community service projects (Gerald Hodges).
 - b. Engage in volunteer senior visits.
 - c. Partner with other Area Agencies on Aging (Dallas/Tarrant County) & other businesses (Grand Prairie businesses).
- 3. Connecting with our community
 - a. Check in with those who attend Commission on Aging meetings & those whom you meet at these face-to-face activities (sign in lists are very helpful with this).
 - b. Connect with churches, assisted living and nursing home facilities (maybe bring presentations or community outreach activities to these locations)
 - c. Mentor the youth connect with GPISD

Item #3 COMMISSION ON AGING'S FRESH START

- 1. New mission statement.
 - a. Each commissioner is to gather ideas for a possible new Commission on Aging mission statement and have this prepared to discuss at the next meeting.
- 2. Monthly meetings
 - a. Formal meetings on 2nd Wednesday of the following months: Jan, Apr, Aug, Oct.
 - b. Nonformal meetings must be agreed upon by commission in the previous meetings.
 - c. Save programs, presentations, and Commission on Aging updates for formal meetings and use planning meetings to discuss new projects and assess previous projects.
- 3. Divide and conquer
 - a. Create small committees (Ex: marketing committee, outreach committee, etc.)
 - b. Have no more than 3 commissioners in each committee (less than a quorum).
 - c. Assign a lead to these committees & have them report back to the Chairman.

Item #4 ACTION ITEMS

- 1. Vote on a December meeting date and time
- 2. Divide commissioners into 3 small committees Vote to approve these committees

CITIZEN COMMENTS

Citizens are welcome to address the Commission on Aging regarding any issue not posted as an individual agenda item. The Commission on Aging may not discuss or take action on any item not posted. The Commission on Aging may consider such items at a future meeting. The full agenda has been posted on the city's website, <u>www.gptx.org</u>. Citizens may speak for five minutes on any item on the agenda by completing and submitting a speaker card.

ADJOURNMENT

In accordance with Chapter 551, Subchapter C, of the Texas Government Code, the Commission on Aging agenda was prepared and posted November 13, 2020.

Jaclyn M. Gunderson

SECRETARY

If you plan to attend this public meeting and you have a disability that requires special arrangements, please call 972-237-4141 at least 24 hours in advance. Reasonable accommodations will be made to assist your needs.