

Grand Prairie
— T E X A S —
MEETING AGENDA
COMMISSION ON AGING

January 13, 2021

10:30 AM

Teleconference

Due to an imminent threat to public health and safety arising from the COVID-19 pandemic, this meeting of the Board shall be held via teleconference. The members of the Board will participate remotely via telephone. No facility shall be available for the public to attend in person.

Members of the public may participate in the meeting remotely via telephone through the following toll-free phone number:

Phone Number: 1-888-585-9008

Conference Room Number: 227-883-836

The meeting will be recorded and later posted on the website in the Board’s folder at: <https://www.gptx.org/city-government/city-secretary/boards-and-commissions/boards-and-commissions-agendas-and-minutes>

Procedural rules: All meeting participants should mute their phone until it is their turn to speak. The Chairman will ask for public comments at the end of each agenda discussion and prior to any vote on the matter. If you wish to do so, please announce your name and wait for the Chairman to call on you to speak. At this time, you must state your name and address for the record. A maximum five (5) minutes is permitted per speaker. After speaking, please re-mute your phone.

AGENDA

The full agenda has been posted on the city's website, www.gptx.org, for those who may want to view this agenda in more detail. Citizens may speak for five minutes on any item on the agenda by following the procedural rules above.

CALL TO ORDER

PRAYER

- Item #1 APPROVAL OF MINUTES – October 14th Meeting**
- Item #2 STANDING UPDATES**
1. Updates from Recreation Superintendent, Chris Ginapp
 2. Nutrition Update given by Jackie Gunderson
- Item #3 SMART (specific, measurable, attainable, realistic, timely) GOALS – discuss the “how”**
1. Define who we are as a commission & what we plan to do in 2021
 - a. Gain visibility in the Grand Prairie community by attending as many face-to-face activities as possible and increasing our marketing efforts.
 - b. Change the “senior” mindset into an “active adult” mindset.
 - c. Create and engage in realistic programs that assist our aging population.

- d. Understand limitations and time constraint of the commission but utilize the strengths of one another to create meaningful active adult programs.
2. Narrowing our focus
 - a. Participate in employee community service projects (Gerald Hodges).
 - b. Engage in volunteer senior visits.
 - c. Partner with other Area Agencies on Aging (Dallas/Tarrant County) & other businesses (Grand Prairie businesses).
3. Connecting with our community
 - a. Check in with those who attend Commission on Aging meetings & those whom you meet at these face-to-face activities (sign in lists are very helpful with this).
 - b. Connect with churches, assisted living and nursing home facilities (maybe bring presentations or community outreach activities to these locations)
 - c. Mentor the youth – connect with GPISD

Item #4 COMMISSION ON AGING’S FRESH START

1. New mission statement.
 - a. Each commissioner is to gather ideas for a possible new Commission on Aging mission statement and have this prepared to discuss at the next meeting.
2. Monthly meetings
 - a. Formal meetings on 2nd Wednesday of the following months: Jan, Apr, Aug, Oct.
 - b. Nonformal meetings must be agreed upon by commission in the previous meetings.
 - c. Save programs, presentations, and Commission on Aging updates for formal meetings and use planning meetings to discuss new projects and assess previous projects.
3. Divide and conquer
 - a. Discuss different roles for each individual commissioner (marketing, mentoring/schools, community outreach, etc...)
 - b. Discuss the possible assignments for each commissioner in a specific role

Item #5 ACTION ITEMS

1. Discuss and vote on a strategic planning meeting date and time.

CITIZEN COMMENTS

Citizens are welcome to address the Commission on Aging regarding any issue not posted as an individual agenda item. The Commission on Aging may not discuss or take action on any item not posted. The Commission on Aging may consider such items at a future meeting. The full agenda has been posted on the city’s website, www.gptx.org. Citizens may speak for five minutes on any item on the agenda by completing and submitting a speaker card.

ADJOURNMENT

In accordance with Chapter 551, Subchapter C, of the Texas Government Code, the Commission on Aging agenda was prepared and posted January 8, 2021.

Jaclyn M. Gunderson

SECRETARY

If you plan to attend this public meeting and you have a disability that requires special arrangements, please call 972-237-4141 at least 24 hours in advance. Reasonable accommodations will be made to assist your needs.