# NPRAIRIE / PULSE

## July 2023



Experience the new Illuvia water and light show with video projections to music at EpicCentral

# What's Inside

Major League Cricket Live at Grand Prairie Stadium

**Employee Vaccine Clinic** At City Hall on July 12

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Message from the Manager From City Manager Steve Dye

# Visit the TIC to Plan Summer Fun!

The Grand Prairie **Tourist Information** Center (TIC), 2170 N. Belt Line Road, is the ultimate hub for promoting Grand Prairie as a destination for both locals and visitors. Housed within its walls are brochures from all corners of the state, making it an invaluable resource for planning road trips or seeking information on local attractions.



Cathy Raymond, Meagan Godfrey and Sara Dedeluk promote Grand Prairie Tourism

"We're so proud of the immense growth Grand Prairie has made, which makes promoting *Continued on page 2* 

# **Upcoming Events**

#### Saturdays

Farmers Market 8 a.m.-1 p.m. 120 W. Main St. GrandFunGP.com

#### Monday July 3-Tuesday, July 4

Lone Stars & Stripes Fireworks Festival 3-9 p.m. - Family fun activities and live music 5 p.m. - Thoroughbred Horse Racing begins After the last race: 20-minute spectacular fireworks show Parking: \$20 <u>Purchase tickets</u>

#### Tuesday, July 4

Independence Day City Holiday Administrative Offices Closed

## Thursday, July 6

Music on Main Featuring Thaddeus Ford 7-8:30 p.m. City Hall Liberty Bell 300 W. Main St.

## Tuesday, July 11 and August 1

City Council Meeting 6:30 p.m. City Hall, 300 W. Main St.

## Thursday, July 13-

Saturday, July 15 Clearance Book Sale

10 a.m. Main Library, 901 Conover Dr.

## Tuesdays

Free Zumba 7-8 p.m. Warmack Library, 760 Bardin Rd.

# **Employee Vaccine Clinic**

Wednesday, July 12, 9-11 a.m. City Hall Conference Room C, 300 W. Main St. Vaccines Offered: Pneumonia • HPV • Shingles DtaP - Tetanus, Dpihtheria Pertussis • Hepatitis A&B B12 (\$20 fee) <u>Click here to register</u>

## **Diabetes Management**

Livongo for Diabetes is a health benefit that combines advanced technology with coaching to support you with your diabetes. This program is provided to you and your family members diagnosed with diabetes at no cost when enrolled on the city's medical plan.

Key Benefits of the Livongo for Diabetes Program:

- More than a Standard Meter. Your meter is connected and provides real-time tips and automatically uploads your blood glucose readings, making log books a thing of the past.
- Coaching Anytime and Anywhere. Livongo coaches are Certified Diabetes Educators who are available anytime via phone, text, and the mobile app to give you guidance on your nutrition and lifestyle questions.
- Unlimited Strips at No Cost to You. Get as many strips and lancets as you need shipped right to your door, with no hidden costs.

Get started today and have your Welcome Kit shipped directly to your door. <u>signup.livongo.com</u>

## **Tourist Center**

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our city so exciting!," said Meagan Godfrey, Public Information Specialist at the TIC. "Visit Grand Prairie brings in more than 10 million visitors a year through our marketing and advertising."

The TIC has a gift shop that truly captures the essence of Grand Prairie. Visitors can find an assortment of Grand Prairie-branded items and Texas souvenirs, each carefully selected to embody the city's spirit. From T-shirts to pillows, magnets to postcards, the gift shop offers the perfect keepsake to remember your time in Grand Prairie. City of Grand Prairie employees are treated to an exclusive 30 percent discount.

With its vast array of brochures, charming gift shop, and special perks for employees, the TIC is a must-visit destination. Regardless of whether you are a lifelong resident or a curious traveler passing through, a visit to the center promises a delightful and informative experience.

## Major League Cricket in GP!



See the world's best cricket players live at Grand Prairie Stadium, 1600 Lone Star Parkway on July 13-30. Tickets starting at \$30. Use the QR code or check <u>visitgrandprairietx.com/cricket</u> for tickets.

## **New Elevated Water Tank**

Construction is underway on a new 149-foot elevated water storage tank just east of SH 161 and north of Marshall Drive. Scheduled to be complete and online in October 2024, the new tank will hold 2 million gallons of water, double the capacity of the old tank, and will serve EpicCentral, Traders Village and surrounding neighborhoods. According to engineers from Freese and Nichols, it will increase water quality and provide additional operational flexibility in the city's water system. A logo will be painted on the top portion of the tank, and the entire structure will be lit with RGB lighting that can



be changed for holidays and special celebrations. It will also feature an area for Fire Department rappelling training. Once the new tank is online in 2024, the old water tank will be demolished.

# Improve Your Health with Omada

It's never too late to take small steps to be more active and improve your health! With Omada, you have a virtual care program that gives you a personal health coach to guide and motivate you. Step into summer with a fresh start. Omada is offered at no cost to you and your covered dependents if enrolled on the city's medical plan. This summer try these small, simple activities:

- Cool off in the shower. The colder your shower, the more work your body is doing to heat itself. Every goosebump is a tiny muscle in action.
- Don't be still at your workstation. Make it a habit to stand up every 30 minutes to give your back, legs and arms a good stretch.
- Add a few steps to each morning. Morning walks, before work, can help clear your mind, lift your mood, improve flexibility and boost energy.
- Give your eyes and brain a screen break. Try 20 minutes a day with no screen time and start "seeing" the health benefits.
- Enjoy lunch outside. Let natural daylight and fresh air help add Vitamin D, lower stress, and improve mood. Plus, your lunch may taste better.
- Skip the couch or lounger during TV time. Sit on the floor. It opens up your hips and lets your knees work at different angles. Hard floor? Grab a pillow.

Take the next small step and join Omada. Get started today at no cost\*. <u>omadahealth.com/gptx</u>



## Message from the Manager

I hope everyone is having a good summer so far. If you're looking for an evening out, the new Illuvia Vegas-style water show is open at Epic-Central, located on the west side of SH 161 between Arkansas and Warrior, with a water show, lights, music and video projection at 9:30 p.m. and 10:30 p.m. Visit <u>Illuvia - EpicCentral</u> for other showtimes. For a bite to eat at EpicCentral, Chicken N Pickle, Loop 9 BBQ and The Finch restaurants are open, and Vidorra, which also has a location in Deep Ellum, will open sometime this summer.

We are in the midst of our budget process. At the City Council budget workshop in August, I am optimistic that we will include cost of living adjustments for employees attributable to the hard work you do each day for the city.

When you have a chance, take a look at the Recognition box on the left side of the Raving Fans site home page to see ways we can recognize each other for World Class Service.

**GP&Me**: If you know an employee who makes outstanding contributions to improve, beautify and/or positively impact our city's programs, business operations and/or community, please consider nominating, them for the GP&Me program on Raving Fans. If approved by the City Manager's Office, recipients of GP&Me recognition are rewarded with days off.

The **Raving Fans gift card program** is also always available if you would like to recognize a fellow employee with a \$10 gift card for great work.

I also encourage you to submit items for the **IDEAS Incentive Program**. If you have input on efficiency and cost-saving measures that would benefit the city, please visit the IDEAS Incentive Program on the Raving Fans site and enter your submission. The IDEAS Committee will review the idea and the employee(s) that submitted the proposal will be rewarded monetarily or with a reward of similar value.

Please stay hydrated and be safe during this especially hot weather. I appreciate the hard work you do to serve the citizens of Grand Prairie.



# **New Library of Things**

The <u>Library of Things</u> at the Main Library has devices and appliances available to check out with your library card including a sewing machine, GoPro, Cricut Joy, telescope and more. City employees can apply for a library card <u>here</u>.

## **Upcoming Events**

#### Saturday, July 15

Ice Cream Challenge for Charity 8 a.m.-1 p.m. Farmers Market, 120 W. Main St. Grand Prairie charities and organizations will complete to see who has the best homemade ice cream. <u>GrandFunGP.com</u>

## Thursday, July 20

Cyclin' with the Mayor Back the Blue Ride Meet at 6 p.m. Ride begins at 6:30 p.m. Loyd Park, 3401 Ragland Rd.

## Friday, July 28

Late Night at the Library Field Day for ages 21 and older 6-8 p.m. Main Library, 901 Conover Dr. \$5 cash at the door To register, email: jrudd@gptx.org

## Friday, July 28-Saturday, July 29 Frozen Jr.

Presented by the Grand Prairie Arts Council Children from the Grand Prairie Arts Council theter camp will perform this Disney classic. artsgp.org

## Saturday, July 29

Blue Hawaiian Auction Benefiting Santa Cop Ruthe Jackson Center 3113 S. Carrier Parkway Doors open at 5 p.m. Admission: \$20 For info., <u>lyancey@gptx.org</u> or 972-237-8719