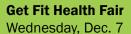
# PRAIRIE, PULSE

December 2022



## What's Inside



**Coat Drive for Kids**Benefiting Kids Inc.

**Prairie Paws Postage**Send a card to an animal lover

**Epic and Bolder Special**Two attractions for one price

**Message from the Manager** From City Manager Steve Dye

**Healthy Game Day Food Ideas** Swap out the usual

## **Wreath Decorating Contest**

The competition starts on Monday, Dec. 5. Deadline for submissions is Wednesday, Dec. 14 at 5 p.m. Winners will be announced on Thursday, Dec. 15.

#### **Individual Categories:**

- Best Movie Theme
- Funniest
- Most Gaudy
- Most Classic/Beautiful

#### **Group Categories:**

• Best Group

Submit here



## **Employee Awards Banquet**

Don't miss the Employee Awards Banquet
Thursday, Jan. 26, 2023 • Doors open: 5:30 p.m. Dinner: 6 p.m.
Ruthe Jackson Center, 3113 S. Carrier Parkway
Watch for tickets on sale beginning January 3, 2023

### **Upcoming Events**

Friday, Dec. 2 **Christmas Tree Lighting** 

6-7:30 p.m. City Hall, 300 W. Main St.

Dec. 2-26

Free Ice Skating City Hall, 300 W. Main St. Registration required here

Now-Dec. 31

Prairie Lights 6-10 p.m. nightly Lynn Creek Park 5610 Lake Ridge Parkway prairielights.org

**Fridays and Saturdays** until Dec. 17

**Quarter Horse Racing** Gates open at 5 p.m. First live race: 6:05 p.m. Lone Star Park 1000 Lone Star Parkway lonestarpark.com

Dec. 2-11

'Twas the Night Before...by Cirque du Soleil Texas Trust CU Theatre 1001 Texas Trust Way **Purchase Tickets** 

Dec. 2-11

A Christmas Story - The Musical Presented by the Grand Prairie Arts Council Uptown Theater, 120 E. Main St. **Purchase Tickets** 

Saturdays, Dec. 3 and Dec. 10 Farmers Market 8 a.m.-1 p.m. 120 W. Main St. gptx.org/farmersmarket

#### MD Live Virtual Visits

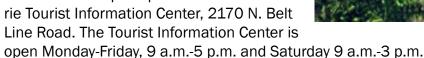
Avoid delays in seeking medical care by accessing Virtual Visits, available by phone, computer or mobile app. Virtual Visit doctors are specially trained to diagnose and treat many common illnesses. You will pay for each Virtual Visit according to your BCBSTX plan copay or coinsurance amount.

Download the MDLIVE app today and set up your account for easy access! Or call 800-400-6354. You will need your medical insurance information to create an account or to speak with a provider. Visit MDLIVE for more information here: MDLIVE.com/bcbstx

#### 2022 Christmas Ornament

Celebrate the holidays with the 2022 Grand Prairie Christmas ornament. This year's ornament features downtown Main Street with art created by Anna Whitman.

Ornaments are \$17 and may be purchased at the Trunk Stop shop inside the Grand Prairie Tourist Information Center, 2170 N. Belt Line Road. The Tourist Information Center is



The downtown design is also available on notecards, greeting cards, magnets and stickers for sale at the Trunk Stop shop.

#### Coat Drive for Kids

Help Collect 100 new coats and jeans for kids! Now through Dec. 31, 2022 • Sizes to fit kids K-12 Please bring your new coat with tags to:

- City Hall Central, 300 W. Main St.
- Main Library, 901 Conover Dr.
- Warmack Library, 760 Bardin Rd.

Benefiting Kids Inc.

## Santa Paws Sleepover

Bring a furry friend home for the holidays! From Dec. 23-Jan. 2, spread some holiday cheer and let a pet in need spend a week in your home. Register here



#### Get Fit Adult Health Fair

Wednesday, Dec. 7, 2-6 p.m. Veterans Park Event Center, 925 Conover Dr.

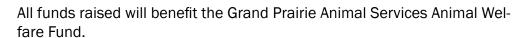
Get free screenings and information on health topics from local healthcare providers.



## **Prairie Paws Postage**

Send a holiday card to the animal lover in your life with Prairie Postage! Now through December 16, you can sign up to send a holiday card (\$10) or a card with a limited edition ornament (\$15).

Each holiday card will include an adorable photo of a dog or cat from Grand Prairie Animal Services, a sweet note and the animals' pawprint!





Order Prairie Paws Postage cards here

# Volunteer to Clean Up a GP Stream

Volunteer with Keep Grand Prairie Beautiful (KGPB) to clean up litter from a Grand Prairie stream. Register for an event here.

Saturday, Jan. 7, 9 a.m.-noon - Friendship Park, 525 E. Polo Saturday, Jan. 21, 9 a.m.-noon - Beacon Hill HOA, 4848 Thames Saturday, Jan. 28, 8 a.m.-1 p.m. - Fish Creek Cleanup Challenge



## Two Epic Attractions, One Epic Price!

Epic Waters Indoor Waterpark and Bolder Adventure Park at EpicCentral are excited to announce the new Epic Adventure Pass which offers:

- One-day general admission to Epic Waters Indoor Waterpark, PLUS
- One-day BLUE Ticket admission to Bolder Adventure Park with an option to upgrade to a Black Diamond adventure for an additional fee.

Cost: \$49.99 plus tax.

Epic Adventure Passes are now available online from both attractions' websites. Passes are valid any regularly scheduled operating day now through February 28, 2023. Guests are encouraged to check park websites for days andhours of operation.

EpicWatersGP.com | BolderPark.com

## Message from the Manager

This year, we will be celebrating the holiday season in a big way with our downtown Christmas tree in front of City Hall, the new downtown ice skating rink, *A Christmas Story – The Musical* at the Uptown Theater, a Cirque du Soleil show at Texas Trust CU Theatre, and of course Prairie Lights at Lynn Creek Park. To thank you for your years of service, stability checks were disseminated on Dec. 2 as a nice holiday bonus.

As we move into 2023, let's continue to focus on faith, family, and each other. It remains critically important to stay attentive to our mental and physical well-being to ensure whole and healthy lives. I continue to appreciate our high level of responsiveness to citizens' needs while being proactive toward improvement in our processes and maintenance of a professional work environment.

The tragic loss of GPPD Police Officer Brandon Tsai is a stark reminder of the dangers our police officers face each day in protecting us. Let's never take one day for granted. I personally thank you for your outpouring of prayers and support for our Police Department during this difficult time. This has been a tough last three years as we have lost four Police Officers in that time period. We pray this is our last loss. I wish you a very Merry Christmas/Happy Hannukah/Joy in however you may celebrate this holiday season.

Sincerely,



Steve Dye, City Manager

## Game Day Food Swaps

Cheer on your team while enjoying these delicious alternatives to the usual less-than-healthy noshes.

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Instead of	Try	Why
Fried Chicken Wings	Air Fryer Wings	Air frying can drastically reduce the fat and calories while still giving wings that rich, crispy texture
Hot Dogs	Chicken Sausage	Swap in a lean chicken or turkey sausage for a hot dog-you'll get great flavor with less fat and calories and often few or no additives.
Queso	Guacamole	Melted cheese isn't the healthiest. Creamy guac brings healthy fats and anti-inflammatory benefits. Veggie strips make great "chips."

Good Housekeeping

## **Upcoming Events**

Saturday, Dec. 3
Keep Grand Prairie Beautiful
Seed Swap
1-3 p.m.
Warmack Library
760 Bardin Rd.
More info.

Wednesday, Dec. 7 and Dec. 14 Yoga for All 6-6:45 p.m. Warmack Library 760 Bardin Rd. Free

Wednesday, Dec. 7
Get Fit GP Health Fair
2-6 p.m.
Veterans Park Event Center
925 Conover Dr.

Tuesday, Dec. 13 6:30 p.m. City Council Meeting 300 W. Main St.

**Friday, Dec. 23-Monday, Dec. 26**City Administrative Offices
Closed for Holiday

Monday, Jan. 2 City Administrative Offices Closed for Holiday

