

AGENDA
COMMISSION ON AGING
THE SUMMIT-WINGS THEATER
2975 Esplanade, Grand Prairie, TX 75052
March 11, 2020 at 10:30 A.M.

CALL TO ORDER

PRAYER

Item #1 APPROVAL OF MINUTES – February 12th Meeting

Item #2 STANDING UPDATES

- a. Nutrition Program Updates – Jackie Gunderson
- b. Summit Updates – Chris Ginapp, Summit General Manager
- c. COA Updates -
 1. Update by Senior Recreation Superintendent, Erin Hart:
 - a. Introduce the new COA Commissioner: Nancy Wooten.
 2. Reminders from Chairman, Carlton Adams:
 - a. COA Planning Meeting on March 18, 2020 at 10:30am in the Wings Theater
 - b. Citizens' Comments Speaker Card introduction
 3. Training Session Recap by Freddie Evans:
 - a. "Protect Yourself from Social Security Scams"

Item #3 PRESENTATIONS

- a. Presentation on The Senior Source by AGE Director Lynda Ender
- b. AARP Hot Topic: 7 Essential Nutritional Super Foods by Lee Lee Lee

CITIZEN COMMENTS

Citizens are welcome to address the Commission on Aging regarding any issue not posted as an individual agenda item. The Commission on Aging may not discuss or take action on any item not posted. The Commission on Aging may consider such items at a future meeting.

The full agenda has been posted on the city's website, www.gptx.org. Citizens may speak for five minutes on any item on the agenda by completing and submitting a speaker card.

ADJOURNMENT

In accordance with Chapter 551, Subchapter C, of the Texas Government Code, the Commission on Aging agenda was prepared and posted March 6, 2020.

Jaclyn M. Gunderson
SECRETARY

If you plan to attend this public meeting and you have a disability that requires special arrangements, please call 972-237-4141 at least 24 hours in advance. Reasonable accommodations will be made to assist your needs.