

**AGENDA  
COMMISSION ON AGING  
THE SUMMIT-WINGS THEATRE  
2975 ESPLANADE, GRAND PRAIRIE, TX 75052  
OCTOBER 9, 2019  
10:30 A.M.**

**CALL TO ORDER**

**PRAYER**

- Item #1            APPROVAL OF SEPTEMBER MINUTES**
- Item #2            NOMINATIONS AND ELECTION OF OFFICERS**
- Item #3            PHYSICAL SETTING FOR MONTHLY MEETINGS**
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- Item# 4            STANDING UPDATES**
- a. SUMMIT PROGRAMS AND EVENTS
  - b. NUTRITION PROGRAMS
  - c. DEPT. STAFF UPDATES TO COA/SPECIAL EVENTS- Erin Hart, City of Grand Prairie Senior Recreation Superintendent
- Item#5            PRESENTATIONS**
- a. Communication Tips provided by Dubiski High School
  - b. AARP Hot Topics- Vaccines need for Adults and benefits of deep breathing - Lee Lee Lee

**CITIZEN COMMENTS**

Citizens are welcome to address the Commission on Aging regarding any issue not posted as an individual agenda item. The Commission on Aging may not discuss or take action on any item not posted. The Commission on Aging may consider such items at a future meeting

**ADJOURNMENT**

In accordance with Chapter 551, Subchapter C, of the Texas Government Code, the Commission on Aging agenda was prepared and posted the October 4, 2019.

Eduvina Cruz  
SECRETARY

If you plan to attend this public meeting and you have a disability that requires special arrangements, please call Eduvina Cruz at 972-237-4141 at least 24 hours in advance. Reasonable accommodations will be made to assist your needs.