

RAPE AGGRESSION DEFENSE TRAINING FOR WOMEN

[AGES 13 AND OLDER]



The City of Grand Prairie is hosting Rape Aggression Defense (R.A.D.) training – a basic self-defense class that teaches women skills for defending themselves if ever attacked.

When: 6:15-9:15 p.m., February 17-20, 2014

Where: Charles V. England Training Complex, 310 College St.

Register: Online at GrandPrairiePolice.org/RADS
or

Fill out and mail registration form (page 2)

Cost: The program is offered **free** to Grand Prairie residents. However, donations are welcome and appreciated.

Donation options:

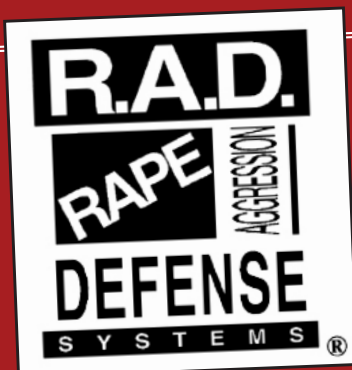
\$10 donation to Brighter Tomorrows, or
\$20 donation (for T-shirt and \$10 to
Brighter Tomorrows)

Mail donation checks payable to:
Grand Prairie Police Department
Attn: Officer Joanna Briggs
Training and Personnel
1525 Arkansas Lane
Grand Prairie, TX 75052



Class Information:

- Females only, 13 and older
- 12-hour class broken into 4 nights
- Consists of lecture, discussion and physical techniques
- Anyone under age 18 will need parent permission
- Mother and daughter attendance is recommended



FEBRUARY 17-20, 2014

GRANDPRAIRIEPOLICE.ORG/RADS

RAPE AGGRESSION DEFENSE TRAINING

REGISTRATION FORM

Registration Deadline: Feb. 7, 2014

Space is limited for the Rape Aggression Defense (R.A.D.) training course hosted by the Grand Prairie Police Department. Reserve your spot online at GrandPrairiePolice.org/RADS or mail in registration form (by Feb. 7) to:

Grand Prairie Police Department
Attn: Officer Joanna Briggs
Training and Personnel
1525 Arkansas Lane
Grand Prairie, TX 75052

Name (first and last): _____

Phone Number: _____ **E-mail Address:** _____

NOTE: Participants must be at least 13 years old to attend. Participants younger than age 18 must have permission from parent(s) to attend (fill out attached Parental Consent Form).

I am one of the following:

___ a female City of Grand Prairie resident age 13 or older, or

___ a female City of Grand Prairie resident younger than 18 who has permission from parent(s) to attend

I understand the program is free of cost, but I would like to include a donation for ONE of the following amounts:

___ \$10 (donation to Brighter Tomorrows), or

___ \$20 (includes T-shirt and \$10 donation to Brighter Tomorrows). T-shirt size: _____

(Brighter Tomorrows is a local agency that empowers victims of domestic violence and sexual violence by providing safe shelter and support services.)

Make check payable to "Grand Prairie Police Department."

I plan to attend the following training session (which consists of a total of four classes):

___ 6:15 p.m.-9:15 p.m., Feb. 17-20, 2014

Please email jbriggs@gptx.org with any questions.

GrandPrairiePolice.org/RADS



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PARENTAL CONSENT FORM

I _____, authorize my daughter, _____, to attend the upcoming physical defense course offered by an Instructor certified to teach the R.A.D. Self Defense Program at _____, on _____.

My signature below hereby acknowledges to Rape Aggression Defense Systems, Inc. its Founder, Executive Board, Staff and Instructor(s);

That my daughter will not participate in any aspect of the program she is uncomfortable with or considers unsafe.

That my daughter and I are aware of the physical nature and possible risks of injury incident to taking this practical course in self defense. That she is physically fit to participate in this course, involving various physical techniques; and that she realizes that self defense techniques cannot be successfully employed in every situation, and proficiency can only be achieved and is dependent upon thorough continued practice, exercising good judgement, and a persons natural abilities.

The signatures below hereby release Rape Aggression Defense Systems, Inc., its Founder, Executive Board, Staff and Instructor(s), and agrees to hold them harmless, from any liability for injury that may be incurred as a result of participation in this course, or using the strategies within for defense.

The signatures below also acknowledge that Rape Aggression Defense Systems, Inc. is not responsible for the selection of trainers, training environments, training procedures or training equipment that an individual Instructor may use during this program.

I HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND I SIGN IT VOLUNTARILY.

Signature of Legal Guardian _____

Telephone Number for Confirmation _____

Date _____

Signature of Student _____

Date _____

R.A.D. SYSTEMS
23305 HWY 16
DENHAM SPRINGS, LA 70726
(225) 791-4430



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