

Making a Difference VOLUNTEER

Volunteer Christmas Celebration

Dec. 12 or 13th 6:00pm-8:30pm

Our volunteers are very special to us so we have planned a special evening to celebrate with a private bus tour to Prairie Lights with the Summit staff. This will be a special evening of music, fun, friendship and laughter. RSVP with our Volunteer Coordinator Cameron DeBose!

Steering Committee Meeting

Tues | Jan 10 | 11am | Wings
(For those who attended
November 29th meeting)

TERRACE CAFE Now offering diabetic options!



WALK ACROSS TEXAS WINNERS

1ST PLACE MALE - John Rouse

1ST PLACE FEMALE - Helga Arnold

1ST PLACE TEAM - The Dream Team

Carol Fuos Carroll Collier
Nancy Armstrong Jan Irvin
Carolyn Milliron Wayne Vaughn
John Rouse Dee Ruane

SUMMIT Membership Orientations

1st & 3rd Tuesdays | 10:30am
Wings Theater | FREE

Come join us as we will share the amenities of The Summit along with any questions you may have about our facility.

The Summit would like to recognize our Volunteer of the Month for December,



Yvonne Mosely. She is one of the sweetest, nicest, easiest volunteer to work with. Always pleasant, kind and upbeat is her way of life. Please thank the extraordinary and fabulous Yvonne next time you see her at the Terrace Cafe!

Please be aware that The Summit is a smoke free facility. No outside food and beverages are permitted inside. Thank you for your cooperation!



STAFF

Linda Long - General Manager
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Michael Levy - Assistant Manager
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Amanda Alms - Aqual/Fitness Manager
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Dennis Slayton - Rec & Events Supervisor
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Eduvina Cruz - Recreation Leader
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Cameron DeBose - Recreation Leader
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Ivan Cantu - Recreation Leader
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Ray Smith - Chef

Recreation Aides - Front Desk

Edwin Acosta Elicia Sierra
Susan Eaves Maranda Vaughan
Linda Lankford Gene Grafton

Fitness & Aquatics

Amber Martin David Smith
Miguel Ipina Aaren Garcia
Victor Villegas Rebecca Santos
Cody Laws Brylee Nelson
Lourdes Gabaldon Adeline Carr

Custodial Staff

Jimmy McNeal Chona Cuizon
Paulfred Hall Brenda Meza
Edmund Echaore

Grand Prairie
TEXAS

PARKS AND RECREATION

The Summit is a City of Grand Prairie facility

THE SUMMIT

GRAND PRAIRIE PARKS & RECREATION



December 2011

NEWS

MAKE HEALTH A PRIORITY

1. Sign up TODAY
2. Pick up participant packet 12/15
3. Prepare your personal game plan
4. Start to organize and motivate
5. Begin January 2, 2012
6. Learn from fitness professionals
7. Get weekly motivation
8. Gain bonus incentives
9. Find out what works for others
10. Succeed!

Fee: \$10 Annual Member
Resolution Program

\$55 New Member
3 Month Start Up
& Resolution Program



Holiday Luncheon



Wed | Dec 14 | 10:30 am | \$6

Christmas Lunch is more meaningful when you celebrate it with friends! Join us for a traditional holiday meal along with entertainment provided by the Immaculate Bell Choir and St. Michael's Choir.

Coldwater Creek

Holiday Fashion Show - Fri | Dec 2 | 10:30am | \$2

The Summit is teaming up with Coldwater Creek to present a Fashion Show highlighting beautiful winter and holiday wardrobes and accessories for ladies. The Sassy Jewels, the Summit's Red Hat Society Chapter, will be the models for the Fashion Show. Family and friends are welcome.

2012 CLUB RESOLUTION

Reach your goals with us this year!

- **Can Food Drive** - bring any non perishable canned food item.
- **Coat Drive** - bring your gently worn coats and sweaters. Donations will be taken to the Grand Prairie Food & Clothing CO-OP to help Grand Prairie residents.
- **Angel Tree** - Get into the Christmas spirit help make someone's holiday brighter this season. Stop by The Summit and select your angel. Return the gift wrapped or in a gift bag by December 16th. Gifts will be delivered to local nursing home residents.

There are many opportunities here at The Summit for you to give back to your Grand Prairie Community. Take a look to see how you can "Pay It Forward!"



HOURS OF OPERATION

Fitness (Use North Entrance)

Mon - Fri 5:30 a.m.-9 p.m.
Saturday 9 a.m.-9 p.m.
Sunday 1 p.m.-5 p.m.

Front Lobby Entry

Mon - Fri 8 a.m.-9 p.m.
Saturday 9 a.m.-9 p.m.
Sunday 1 p.m.-5 p.m.



Cornerstone Award
at the 2011 Texas Conference on Aging

Best Health Club Focus Daily News
2011 Focus on Excellence
Reader Choice Award

Featured in
Aquatic International Magazine
as a Model Facility



Dinner Out – Cheddars
Tue|Dec 13| 4:30pm
\$3 transportation

Ready for a fun night with yummy food at a great price? That's what Dinner Out at Cheddars will be!

Prairie Lights at Lynn Creek
Tue | Dec 6 | 6:30-8:30pm | \$5
Wed | Dec 21 | 6:30-8:30pm | \$5

All new custom displays. 4 million lights. 2 miles of path. 1 must see event of the season! For more information call 972.237.GLOW or visit us online at PrairieLights.org.

Dallas Heritage Village
Thurs | Dec 8 | 9:30am-2:30pm
\$20 includes transportation, admission & lunch.

Bask in the warm glow of history and celebrate the season at Dallas Heritage Village. Spend a Day in the life of nineteenth century Texan and enjoy the beautifully decorated Old City Park.

5-Star Dining - Neiman Marcus
Fri | Dec 9 | 10:30am-2pm
\$5 Transportation

Enjoy the delicious and extravagant Christmas buffet at the downtown Neiman Marcus location. There will also be time for Christmas shopping!

Uptown Theatre - Babes in Toyland
Fri. | Dec. 16 | 7:30pm | \$15

A Holiday Favorite!

With a talented community cast of more than 50 performers, of all ages, the Christmas Spirit will fill the Uptown Theater. A spectacular set on stage and exquisite Storyland Character Costumes on stage will complement live music in the orchestra pit. This updated stage adaptation is sure to be popular with children, teens and adults alike!

Lone Star Christmas at the Gaylord

Mon | Dec 19 | 9:30am -2pm | \$25
 Spend a day at the Gaylord Texas Resort. Lone Star Christmas at Gaylord Texan will provide a winter wonderland including 1.5 million holiday lights, a 52-foot rotating Christmas tree, a life-sized Gingerbread House, 12,000 ornaments, and Santa Claus himself.

UPCOMING TRIPS

The Michelangelo Caravaggio Exhibition

Wed | January 4th | Kimbell Arts Museum | \$17

Five Star Dining - Fearing's at The Ritz-Carlton in Dallas

Fri | Jan 6th | 10:30am
\$5 transportation

Dinner Out – Babe's Chicken

Tue | Jan 10 | 4:30pm | \$3 transportation

Choctaw Casino

Thur | Jan 12 | 8am-6pm | \$15

Audie Murphy American Cotton Museum

Wed | Jan 18 | 9am | \$15

Pretty Fire at Jubilee Theater

Sat | Jan 28 | 2pm | \$20

HIGHLIGHTS

Smores n' More

Wed | Jan 11 | 11:15 am | \$5
 Delicious, chocolatey and sinfully good - smores are a treat you deserve! Make smores and roast marshmallows with our great grill and fireplace. Bring blankets and a sweet tooth! Surprise entertainment included too!

eBay

Wed | Jan 18 | 2pm
 Want a quick way to make fast cash? Come to our informational session on how to use eBay.



Woodcarving
Tues weekly | 7p.m | Discovery 1

Creative Jewelry - Open Studio
Fri weekly | 1p.m | Discovery 1

Beginning Guitar Lessons
Tues weekly | 2p.m | \$20/Class

Ceramics - Open Studio
Wed Weekly | 8am-Noon | \$10/mo.

Wine Bottle Accent Lights

Mon | Dec 12th | 6-7:30pm
Tues | Dec 13th | 11am-12:30pm | \$20/class
 Design unique wine bottle accent lights as a gift or decoration for your home. Check out the display at the front desk. Located In Discovery 1. Instructor: Sheila Manuel

This month featured artist is Dani Kent. Her paintings are on display at the end of the Grady Thomas corridor and available for purchase.



HIGHLIGHTS

Summit Red Hat Chapter Sassy Jewels

Christmas Luncheon
Wed | Dec 14 | 11am | Baileys
 Ladies...you are missing out on a great adventure if you haven't experienced being a part of a Red Hat Society Chapter!! Find a red hat and some purple clothes and come join us. This is our Christmas Luncheon at Bailey's in Cedar Hill. Bring a wrapped gift valued at \$20 for our gift exchange.

Membership in the SassyJewels is only \$10 a year. New Sassy Jewels t-shirts available at the front desk for \$15. These shirts have "Sassy Jewels" spelled out and a purple hat with red and purple rhinestones!

Tues | Dec 6 | 2:00-4:00 pm

Our member Sandra Turner, has invited all Sassy Jewels to a "Christmas Open House". Please RSVP for both events by calling or emailing Susan Eaves or Debbie Jennings.

SPECIAL THANK YOU to our Queen Mother Debbie Jennings. She is "retiring" from the Sassy Jewels in January to join her husband Bill on a tour of the U.S. in their motor home. When the Sassy Jewels were formed in October 2010, Debbie stepped up and volunteered to serve as our First Queen Mother (President). Debbie has done a PHENOMENAL JOB!! We will all miss her friendship and leadership very much!

The Summit Singles

Thur | Dec 1 & 15 | 1pm | Ballroom 1
 Join other singles, led by professional counselor Bob McIntosh for frank discussions about your lives as single adults. Give The Summit staff ideas and input about social and educational programs and trip ideas for the 50+ Singles.

Book Club

Tue | Dec 13 | 11am | Conference Rm
 This month's book club selection is Women's Literature Choice. Choose any fiction or nonfiction book dealing with women's relationships with each other.

Commission On Aging
Dec 14 | 10:30am | Dining Rm

Thank you to our Commission on Aging committee members as they help make our Holiday Luncheon special!

Bible History Class
Mon | 10:30 am | Wings Theater

Neal Clary facilitates a provocative discussion following each weekly video lesson. Join us for this ongoing weekly study which is held each Monday.

Open Game Days
Mon & Tue | 1 – 4pm | Ballroom 1

We are searching for Summit members who love to play games. We have them all – Mexican Train, Dominoes, "42 & 84", Cards, Scrabble, Monopoly – You Name it – we've got it! We really need "42" players! It's FREE and there are many friendly people who are becoming

the "game playing regulars." There's room for several tables of game players!

Summit Golf Association

Meeting | 1st Tuesdays | 7pm
Play | Thursdays | 7am
 The Summit Golf Association meets every Thursday morning at 7:00 a.m. at Prairie Lakes Golf Course for a round of golf. The cost is \$25.00/round including cart. Come play a game with us and attend one of our monthly meetings, scheduled for the 1st Tuesday of every month.

Gardening Club

Thu | 10am | Discovery 2
 This group meets weekly and learns the latest gardening tips. After the classroom session the group transitions to the Conservatory to make application of what was learned in the class. Gardeners have harvested lettuce, radishes, tomatoes, onions and cabbage. Congratulations Summit Gardeners on your first successful harvest!

Aloe Vera Plants for Sale

Summit Gardeners now have Aloe Vera plants on sale. These plants were grown as a fundraising project to help purchase gardening supplies and equipment. Please consider purchasing an aloe vera plant to show support for this program. Contact Dennis Slayton for more information on how to purchase a plant.

The greatest wealth is health!

Your Fitness Supplies Available

- Goggles
- Swim Caps
- Lap Counters
- Pedometers
- Ear Buds
- Walking Weights
- T-Shirts
- Water Gloves

Stop by the fitness desk for details

HEALTH

Give the gift of massage.

Water's Edge Spa sampler packages available at the Fitness Desk. For an explanation of the various types of massage, please see our massage brochure

- **Option # 1 - \$135**
1/2 hour Massage Facial
1/2 hour Therapeutic Massage
1/2 hour Reflexology session
1 hour Swedish Massage
You save \$25!
- **Option # 2 - \$225**
1/2 hour Tandem Massage - 1 hour
Couples Massage - 1/2 hour
Reflexology session - 1 hour
Swedish Massage.
You save \$45!
- **Option # 3 - \$375**
1 hour Swedish Massage
1/2 hour Therapeutic Massage
1 hour Bamboo Massage* with Patty
1/2 hour Reflexology Session
1 hour Thai Herbal Ball Massage* with Mary
1 hour Body Polish session
1 hour Lymphatic Drainage Massage
1/2 hour Massage Facial
You save \$65!

GYM GAMES

BASKETBALL - 3 on 3 Sat | 11:30am

HORSESHOE & WASHERS T/Th | 9:30am

PICKLEBALL T/Th | 9:30am
M/W/F | 10:30am
M | 7pm

TABLE TENNIS M/W | 5-7pm

VOLLEYBALL
Recreational
Competitive
Open Play
T | 7-9pm
Th | 7-9pm
Sun | 2pm

ABC- Aerobic Rm

Absolute Body Conditioning
T/Th | 7-7:45 pm
\$3/class or \$20/mo.

ARTHRI-CISE - Pool

Water Wellness Workout
M/W/F | 9:30-10:20 am
M-F | 10:30-11:30am
Th | 6 - 7 pm
\$3/class or \$20/mo.

AQUA-CISE - Pool

Water Aerobics
M / W | 6-7 pm
T/Th | 7:45 - 8:30 am
Sa | 10-11am
\$3/class or \$20/mo.

ZUMBA H2O - Pool

Join the party in the pool
T | 6-7 pm
\$3/class or \$12/mo.

POWER 10 FITNESS - Gym

Power 10 Body Impact
3 Wed month 6:50-7:20pm
3 Sat month 9:10-10 am
\$8/class or \$20/mo.

PERSONAL TRAINING

Training Option #1
(1) 30 minute session -\$40
Partners: \$60

Training Option #2
(3) 30 minute sessions \$100
Partners: \$170

Training Option #3
(6) 30 minute sessions \$180
Partners: \$300

TAI CHI - Aerobic Rm

Mind Body Connection
T/Th | 10:30-11:30 am
\$2/class or \$15/mo.

YOGA with LOVE-Aerobic Rm

Mind Body Poses for Energy
T/Th | 8-9 am
T/Th | 5:30 -6:30 pm
\$3/class or \$25/mo.

ZUMBA - Aerobic Rm

Latin Inspired Energy Boosting
M/W 7:30-8:30 pm
Sat 9:30-10:30 am
\$5/class; \$40/mo.

Gentle exercises should be done daily. Toning, stretching and balance exercises are the most important to help protect joints and reduce injury. Join one of the free classes offered to members:

Light & Lively
M/W/F | 9:30am | Gym

Tai Chi for Arthritis
M/W | 10:30am | Aerobic Rm

Stretch for Success
T/Th | 10:30am | Ballroom II

Matter of Balance
Wed | 10am | Ballroom I
new class starting in Jan.

Dance Cardio
Mon | 12 - 1pm | Aerobic Rm | \$5 class
Looking for a way to stay fit and have fun? Sweat to the music of The Beatles, Tina Turner and more!

Line Dancing
Sat | 10:30am | Ballroom I
\$10 mo or \$3 per class
Learn the latest line dances and benefit from the exercise you get at the same time!

Dance Class
Sat | 11:30am | Ballroom I | \$20 mo
C& W and ballroom moves will be taught. A different rhythm and list of moves will vary in this monthly class.

Exercise/Dance
Sat | 12:30pm | Ballroom I
\$20 mo or \$7 per class
Use line dance, C& W and ballroom moves in a fast paced exercise experience. Intermediate dance moves are used.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| If you have any questions regarding the Nutrition Program, please contact Eduvina Cruz at 972.237.4148. | SHOPPING TRIPS December 1 - ALDIS December 8 - WALMART December 15 - KROGER December 22 - RIO GRANDE | | 1 Beef Stew Southern Spinach Cornbread Apricot Halves Ice Cream Milk | 2 Chicken and Mini Dumplings Seasoned Spinach Glazed Carrots Applesauce Fresh Baked Cookie Milk |
| 5 Spaghetti with Meat Sauce Green Beans Fresh Fruit Breadstick Milk | 6 Pepper Steak Brown Rice Pilaf Broccoli Salad Okra & Tomatoes Banana Pudding Milk | 7 BBQ Chicken Fillets Flame Roasted Sweet Potatoes Mixed Vegetables Breadstick Fresh Baked Cookie Milk | 8 Frito Pie Garden Salad with Dressing Spanish Rice Pineapple Chunks Crispy Rice Bar Milk | 9 Chicken Sandwich & Toppings Cilantro Ranch Corn Apricot Halves Milk |
| 12 Spaghetti and Meatballs Summer Squash Romaine Salad with Dressing Breadstick Milk | 13 Cheeseburger & Toppings Baked Home Fries Fresh Broccoli with Dressing Milk | 14 Sliced Turkey/Gravy Cornbread Stuffing Glazed Sweet Potatoes Italian Green Beans Pineapple Chunks Roll Milk | 15 Chicken Drumsticks Mashed Potatoes with Gravy Glazed Carrots Apple Wedges Milk | 16 Chicken Tetrazzini Southern Spinach Butter Beans Fresh Fruit Breadstick Milk |
| 19 Oven Fried Chicken Rosemary Roasted Potatoes Mixed Greens Pears with Caramel Sauce Breadstick Milk | 20 Taco Salad Tejas Corn Apple Crisp Milk | 21 Chicken Nuggets Mashed Potatoes Broccoli with Cheese Fresh Fruit Soft Breadstick Giant Goldfish Milk | 22 Beef Fajitas & Toppings Spanish Rice Fresh Fruit Fresh Baked Cookie Milk | 23 No Meals will be served today. |
| 26 No Meals will be served today. | 27 BBQ Beef Sandwich Garlic Potato Wedges Broccoli w/ Cheese Apricot Halves Milk | 28 Southern Style Meatloaf Mashed Potatoes Green Beans Peach Crisp Soft Breadstick Milk | 29 Chicken and Okra Gumbo Southern Spinach Butter Beans Fresh Fruit Milk | 30 Turkey Sandwich Sliced Tomatoes Tortilla Chips Mini Carrots Applesauce Cup Milk |

Dec 7: 11am Nutrition Class - Kristi Sanders
Dec 12: 10am Pamper Yourself
Dec 14: 10:30am Commission on Aging

Dec 16: 10:30am Advisory Council Meeting
Dec 21: 11:45am Birthday Celebrations
Dec 22: 8:30am Dallas County Health Dept.

Need a ride for lunch?

Call the Grand Connection at 972-237-8546 to sign up. Transportation is available for those who are 60 yrs.+ Advanced reservations required.

Call 1.800.Relay.Texas for assistance for hearing or sight impaired individuals.

COMPUTER CLASSES



JUST THE BASICS - for beginners

Tues | 9-10:00am | Discovery II

It's never too late to learn something new! In this class you will learn the absolute basics of the computer.

- Group Lessons- \$25 for (4) 60 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

INTERNET, EMAIL & SOCIAL NETWORKING

Wed | 9-10:00am | Discovery II

Discover the unlimited possibilities created by the Internet! Keep in touch with family and find long lost friends, read online publications and do research. Just the Basics is a pre-requisite.

- Group Lessons- \$25 for (4) 60 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions



FACEBOOK

Wed | 1pm | Discovery II

Heard the recent buzz about Facebook? Join the all new Facebook for Beginners class. We'll teach you how to open a Facebook account, add friends, change privacy settings and answer questions.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

FACEBOOK II (Intermediate class)

Wed | 2:15 pm | Discovery II

Can't get enough of Facebook? Take it to the next level with our intermediate class.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

SMART PHONES

Thur | 11am | Discovery II

Smart phone... Not so smart me. Do you have a smart phone but do not know half the things it does? Do you have an email account but don't know how to sync it with your phone? Are you interested in getting a smart phone but not sure what a smart phone does? If so this class is for you. Troubleshooting or a personal walk through.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

KEYBOARDING

Fri | 9am | Discovery II

Learn your way around the keyboard.

Learn short cuts and special insider tips!

- Group Lessons- \$25 for (4) 45 min. sessions



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------|
| RECURRING SCHEDULE | 8am - Billiards 9:30am - Arthri-cise - Light & Lively | 7:45 - Aqua-cise 8am - Billiards / Yoga 9am - Basic Computers | 8am - Billiards 9am - Computer: Internet & Email | 7:00am - Golf at Prairie Lakes 7:45am - Aqua-cise 8am - Billiards/Yoga | 8am - Billiards 9am - Keyboarding 9:30am - Arthri-cise - Light & Lively | 8am - Billiards 9:10am - Power 10 9:30am - Zumba |
| | 10:30am - Bible Study - Tai Chi for Arthritis - Pickleball - Arthri-cise | 9:30am - Pickleball 9:45am - Learn to Swim 10:30am - Tai Chi/Arthri-cise - Stretch for Success | 9:30am - Arthri-cise - Light & Lively 10am - Matter of Balance - Ceramics - Bunco | 9:30am - Pickleball 9:45am - Learn to Swim 10am - Toastmaster - Gardening | 10:30am - Pickleball - Arthri-cise | 10am - Line Dancing - Aqua-cise |
| | 11am - GP Mobile Library 12pm - Dance Cardio 1pm - Crocheting - Table Games - Bridge | 1pm - Bridge - Table Games - Lights, Camera Action | 10:30am - Tai Chi for Arthritis - Pickleball - Arthri-cise | 10:30am - Tai Chi for Arthritis - Pickleball - Arthri-cise | 10:30am - Stretch for Success 11am - Smartphones | 11am - Ballroom Dancing |
| | 1-4pm - Open Game Days 5pm - Table Tennis 6pm - Aqua-cise - Texas Hold'em | 1-4pm - Open Game Days 2pm - Guitar Lessons 5:15pm - Learn to Swim 5:30pm - Yoga | 1pm - Facebook Class - Bridge - Table Games | 10:30am - Stretch for Success 11am - Smartphones 1pm - Bridge - Table Games | 1pm - Creative Jewelry 1pm - Table Games | 11am - Ballroom Dancing |
| | 7pm - Pickleball 7:30pm - Zumba | 6pm - Zumba H2O 7pm - ABC /Woodcarving - Crochet & Tat - Volleyball | 2:15pm - Facebook II 5pm - Table Tennis 6pm - Aqua-cise 6:50pm - Power 10 7:30pm - Zumba | 5:15pm - Learn to Swim 5:30pm - Yoga 6pm - Arthri-cise 7pm - ABC - Volleyball | | 2-4pm - Terrace Cafe Happy Hour |

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| | | | | 1pm Summit Singles 7pm Thursday Dance: Danny Romo | 2 6:30pm Movie: One Day 10:30am Holiday Fashion Show w/ Coldwater Creek | 3 4pm Movie: One Day |
| 2pm Sunday Strum Acoustic Guitar Jam Session | 4 | 5 | 6 10:30am Membership Orientation 6:30pm Movie: The Dog Who Saved Christmas 6:30pm Trip - Prairie Lights 7pm Golf Association Meeting | 7 2pm Movie: Notting Hill | 8 9:30am Trip: Dallas Heritage Village 6:30pm Movie: The Santa Clause | 9 10:30am 5-Star Dining - Neiman Marcus 4pm Movie: The Help |
| 11 | 12 6pm Wine Bottle Accent Lights 6pm Volunteer Christmas Celebration | 13 11am Book Club 11am Wine Bottle Accent Lights 4:30pm Trip - Dinner Out Cheddars 6pm Volunteer Christmas Celebration 6:30pm Movie: Elf | 14 10:30am Commission on Aging 10:30am Holiday Luncheon 11am Sassy Jewels - Christmas Lunch at Bailey's 2pm Movie: Elizabeth I (Part 1) | 15 1pm Summit Singles 7pm Thursday Dance: High Caliber | 16 10:30am Advisory Council 11:00am AARP Meeting 6:30pm Movie: Cowboys & Aliens 7:00 Uptown Theater - Babes in Toyland | 17 4pm Movie: Cowboys & Aliens |
| 2pm Sunday Strum Acoustic Guitar Jam Session | 18 | 19 9:30am Trip: Lone Star Christmas at the Gaylord Texan | 20 10:30am Membership Orientation 6:30pm Movie: National Lampoon's Christmas Vacation | 21 2pm Movie: Elizabeth I (Part 1) 6:30pm Trip - Prairie Lights | 22 6:30pm Movie: The Santa Clause 2 | 23 6:30pm Movie: Mr. Popper's Penguins |
| 25 Closed for the Holidays | 26 Closed for the Holidays | 27 6:30pm Movie: Airplane | 28 2pm Movie: A Summer Place | 29 | 30 6:30pm Movie: Colombiana | 31 Closed for the Holidays |