**Volunteer Christmas** Celebration

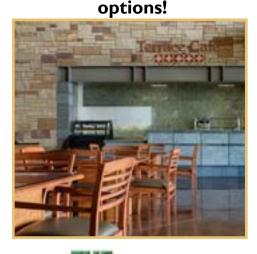
Dec. 12 or 13th 6:00pm-8:30pm

Our volunteers are very special to us so we have planned a special evening to celebrate with a private bus tour to Prairie Lights with the Summit staff. This will be a special evening of music, fun, friendship and laughter. RSVP with our Volunteer Coordinator Cameron DeBose!

#### **Steering Committee** Meeting

Tues | Jan 10 | I I am | Wings (For those who attended November 29th meeting)

#### TERRACE CAFE Now offering diabetic



**WALK ACROSS TEXAS WINNERS** 

**1ST PLACE MALE - John Rouse** 

1ST PLACE FEMALE - Helga Arnold

**1ST PLACE TEAM - The Dream Team** 

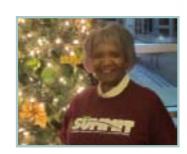
Carol Fuos Carroll Collier Nancy Armstrona Jan Irvin Carolyn Milliron Wayne Vaughn John Rouse Dee Ruane

#### **SUMMIT Membership Orientations**

#### 1st & 3rd Tuesdays | 10:30am Wings Theater | FREE

Come join us as we will share the amenities of The Summit along with any questions you may have about our facility.

The Summit would like to recognize our Volunteer of the Month for December,



Yvonne Mosely. She is one of the sweetest, nicest, easiest volunteer to work with. Always pleasant, kind and upbeat is her way of life. Please thank the extraordinary and fabulous Yvonne next time you see her at the Terrace Cafe!

Please be aware that The Summit is a smoke free faciltiy. No outside food and beverages are permitted inside. Thank you for your cooperation!



### STAFF

Linda Long - General Manager llong@gptx.org | 972 237-8243

Michael Levy - Assistant Manager mlevy@gptx.org | 972 237-4143

Amanda Alms - Aqua/Fitness Manager aalms@gptx.org | 972 237-4145

Dennis Slayton - Rec & Events Supervisor dslayton@gptx.org | 972 237-4152

> Eduvina Cruz - Recreation Leader ecruz@gptx.org | 972 237-4148

Cameron DeBose - Recreation Leader cdebose@gptx.org | 972 237-4146

Ivan Cantu - Recreation Leader icantu@gptx.org | 972 237-4147

Ray Smith - Chef

#### **Recreation Aides - Front Desk**

Edwin Acosta Elicia Sierra Susan Eaves Maranda Vaughan Linda Lankford Gene Grafton

#### **Fitness & Aquatics**

Amber Martin David Smith Miguel Ipina Aaren Garcia **Victor Villegas** Rebecca Santos Brylee Nelson Cody Laws Lourdes Gabaldon Adeline Carr

#### **Custodial Staff**

limmy McNeal Chona Cuizon Paulfred Hall Brenda Meza Edmund Echaore



### **HOURS OF OPERATION**

#### Fitness (Use North Entrance)

GRAND PRAIRIE PARKS & RECREATION

Mon - Fri 5:30 a.m.-9 p.m.

Saturday 9 a.m.-9 p.m.

Sunday I p.m.-5 p.m.

Front Lobby Entry Mon - Fri

8 a.m.-9 p.m.

**Saturday** 9 a.m.-9 p.m.

Sunday I p.m.-5 p.m.

**Cornerstone Award** at the 2011 Texas Conference on Aging **Best Health Club Focus Daily News** 2011 Focus on Excellence **Reader Choice Award** 

**Aquatic International Magazine** as a Model Facility

# Featured in



Wed | Dec 14 | 10:30 am | \$6

Christmas Lunch is more meaningful when you celebrate it with friends! Join us for a traditional holiday meal along with entertainment provided by the Immaculate Bell Choir and St. Michael's Choir.

# Coldwater Creek

#### Holiday Fashion Show - Fri | Dec 2 | 10:30am | \$2

The Summit is teaming up with Coldwater Creek to present a Fashion Show highlighting beautiful winter and holiday wardrobes and accessories for ladies. The Sassy Jewels, the Summit's Red Hat Society Chapter, will be the models for the Fashion Show. Family and friends are welcome.



Fee: \$10 Annual Member **Resolution Program** 

6. Learn from fitness professionals

9. Find out what works for others

7. Get weekly motivation

8. Gain bonus incentives

10. Succeed!

\$55 New Member 3 Month Start Up & Resolution Program

# 2012 CLUB RESOLUTION

Reach your goals with us this year!

- Can Food Drive bring any non perishable canned food item.
- Coat Drive bring your gently worn coats and sweaters. Donations will be taken to the Grand Prairie Food & Clothing CO-OP to help Grand Prairie residents.
- **Angel Tree -** Get into the Christmas spirit help make someone's holiday brighter this season. Stop by The Summit and select your angel. Return the gift wrapped or in a gift bag by December 16th. Gifts will be delivered to local nursing home residents.



8 • Dec 2011 The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com



#### **Dinner Out - Cheddars** Tue|Dec13| 4:30pm| \$3 transportation

Ready for a fun night with yummy food at a great price? That's what Dinner Out at Cheddars will be!

#### **Prairie Lights at Lynn Creek** Tue | Dec 6 | 6:30-8:30pm | \$5 Wed | Dec 21 | 6:30-8:30pm | \$5

All new custom displays. 4 million lights. 2 miles of path. 1 must see event of the season! For more information call 972.237.GLOW or visit us online at PrairieLights.org.

#### Dallas Heritage Village Thurs | Dec 8 | 9:30am-2:30pm includes transportation, admission & lunch.

Bask in the warm glow of history and celebrate the season at Dallas Heritage Village. Spend a Day in the life of nineteenth century Texan and enjoy the beautifully decorated Old City Park.

#### 5-Star Dining - Neiman Marcus

#### Fri | Dec 9 | 10:30am-2pm \$5 Transportation

Enjoy the delicious and extravagant Christmas buffet at the downtown Nieman Marcus location. There will also be time for Christmas shopping!

**Uptown Theatre -Babes in Toyland** Fri. | Dec. 16 | 7:30pm | \$15

#### A Holiday Favorite!

With a talented community cast of more than 50 performers, of all ages, the Christmas Spirit will fill the Uptown Theater. A spectacular set on stage and exquisite Storyland Character Costumes on stage will complement live music in the orchestra pit. This updated stage adaptation is sure to be popular with children, teens and adults alike!

#### **Lone Star Christmas** at the Gaylord

Mon | Dec 19 | 9:30am -2pm | \$25 Spend a day at the Gaylord Texas Resort. Lone Star Christmas at Gaylord Texan will provide a winter wonderland including 1.5 million holiday lights, a 52-foot rotating Christmas tree, a lifesized Gingerbread House, 12,000 ornaments, and Santa Claus himself.

#### **UPCOMING TRIPS**

The Michelangelo Caravaggio Exhibition

Wed | January 4th | Kimbell Arts Museum | \$17

Five Star Dining - Fearing's at The Ritz-Carlton in Dallas Fri | Jan 6th | 10:30am \$5 transportation

Dinner Out - Babe's Chicken Tue | Jan 10 | 4:30pm | \$3 transportation

Choctaw Casino Thur | Jan 12 | 8am-6pm | \$15

Audie Murphy American Cotton Museum Wed | Jan 18 | 9am | \$15

**Pretty Fire at Jubilee Theater** Sat | Jan 28 | 2pm | \$20

#### HIGHLIGHTS



### Smores n' More

Delicious, chocolatey and sinfully good - smores are a treat you deserve! Make smores and roast marshmellows with our great grill and fireplace. Bring blankets and a sweet tooth! Surprise entertainment included too!

#### **eBay** Wed | Jan 18 | 2pm

Want a quick way to make fast cash? Come to our informational session on how to use eBay.

### CREATIVE ARTS

Woodcarving Tues weekly | 7p.m | Discovery |

Creative Jewelry - Open Studio Fri weekly | Ip.m | Discovery I

**Beginning Guitar Lessons** Tues weekly | 2p.m | \$20/Class

Ceramics - Open Studio Wed Weekly | 8am-Noon | \$10/mo.

### Wine Bottle Accent Lights

Mon | Dec 12th | 6-7:30pm

Tues | Dec 13th | 11am-12:30pm | \$20/class Design unique wine bottle accent lights as a gift or decoration for your home. Check out the display at the front desk. Located In Discovery 1. Instructor: Sheila Manuel

This month featured artist is Dani Kent. Her paintings are on display at the end of the Grady Thomas corridor and available for purchase.



#### HIGHLIGHTS The Summit Singles

**Summit Red Hat Chapter** Sassy Jewels **Christmas Luncheon** Wed | Dec 14 | I I am | Baileys

Ladies...you are missing out on a great adventure if you haven't experienced being a part of a Red Hat Society Chapter!! Find a red hat and some purple clothes and come join us. This is our Christmas Luncheon at Bailey's in Cedar Hill. Bring a wrapped gift valued at \$20 for our any fiction or nonfiction book gift exchange.

Membership in the SassyJewels is only \$10 a year. New Sassy Jewels Commission On Aging t-shirts available at the front desk for Dec 14 | 10:30am | Dining Rm \$15. These shirts have "Sassy Jewels" Thank you to our Commission on spelled out and a purple hat with red Aging committee members as they and purple rhinestones!

#### Tues | Dec 6 | 2:00-4:00 pm

Our member Sandra Turner, has invited all Sassy Jewels to a "Christmas Open House". Please RSVP for both events by calling or emailing Susan Eaves or Debbie Jennings.

SPECIAL THANK YOU to our Queen Mother Debbie Jennings. She is Open Game Days "retiring" from the Sassy Jewels in January to join her husband Bill on a tour of the U.S. in their motor home. When the Sassy Jewels were formed in October 2010, Debbie stepped up and volunteered to serve as our First Queen Mother (President). Debbie \_ we've got it! We really need "42" has done a PHENOMENAL JOB!! We will all miss her friendship and friendly people who are becoming leadership very much!

Thur | Dec | & | 15 | | 1pm | Ballroom | Join other singles, led by professional counselor Bob McIntosh for frank discussions about your lives as single adults. Give The Summit staff ideas and input about social and educational programs and trip ideas for the 50+ Singles.

#### **Book Club**

Tue |Dec 13 | 11am | Conference Rm This month's book club selection is Women's Literature Choice. Choose dealing with women's relationships with each other.

help make our Holiday Luncheon special!

**Bible History Class** Mon | 10:30 am | Wings Theater

Neal Clary facilitates a provocative discussion following each weekly video lesson. Join us for this ongoing weekly study which is held each Monday.

## Mon & Tue | I - 4pm | Ballroom | I

We are searching for Summit members who love to play games. We have them all - Mexican Train, Dominoes, "42 & 84", Cards, Scrabble, Monopoly - You Name it players! It's FREE and there are many

the "game playing regulars." There's room for several tables of game players!

#### **Summit Golf Association**

Meeting | 1st Tuesdays | 7pm Play | Thursdays | 7am

The Summit Golf Association meets every Thursday morning at 7:00 a.m. at Prairie Lakes Golf Course for a round of golf. The cost is \$25.00/ round including cart. Come play a game with us and attend one of our monthly meetings, scheduled for the 1st Tuesday of every month.

#### **Gardening Club** Thu | 10am | Discovery 2

This group meets weekly and learns the latest gardening tips. After the classroom session the group transitions to the Conservatory to make application of what was learned in the class. Gardeners have harvested lettuce, radishes, tomatoes, onions and cabbage. Congratulations Summit Gardeners on your first successful harvest!

#### Aloe Vera Plants for Sale

Summit Gardeners now have Aloe Vera plants on sale. These plants were grown as a fundraising project to help purchase gardening supplies and equipment. Please consider purchasing an aloe vera plant to show support for this program. Contact Dennis Slayton for more information on how to purchase a plant.

The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com Dec 2011 • 7 2 • Dec 2 1 1 The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com

# HEALTH

## The greatest wealth is health!

#### Your Fitness Supplies Available

Ear Buds

**Walking Weights** 

- Goggles
- Swim Caps
- Lab Counters
- T-Shirts **Pedometers** Water Gloves

Stop by the fitness desk for details

#### HEALTH

Give the gift of massage. Water's Edge Spa sampler packages available at the Fitness Desk. For an explanation of the various types of massage, please see our massage brochure

#### □ Option # 1 - \$135

1/2 hour Massage Facial 1/2 hour Therapeutic Massage 1/2 hour Reflexology

session 1 hour Swedish Massage You save \$25!

□ Option # 2 - \$225

1/2 hour Tandem Massage - 1 hour Couples Massage - 1/2 hour Reflexology session -1 hour Swedish Massage. □ Option # 3 - \$375

1 hour Swedish Massage 1/2 hour Therapeutic Massage

1 hour Bamboo Massage\* with Patty 1/2 hour Reflexology Session

1 hour Thai Herbal Ball Massage\* with Mary 1 hour Body Polish session

1 hour Lymphatic Drainage Massage 1/2 hour Massage Facial You save \$65!

#### **GYM GAMES**

BASKETBALL - 3 on 3 Sat | 11:30am

HORSESHOE & WASHERS T/Th | 9:30am

**PICKLEBALL** 

You save \$45!

T/Th | 9:30am M/W/F | 10:30am M | 7pm

M/W | 5-7pm

**TABLE TENNIS** 

VOLLEYBALL Recreational

Competitive Open Play

T | 7-9pm Th | 7-9pm Sun | 2pm

ABC- Aerobic Rm **Absolute Body Conditioning** T/Th | 7-7:45 pm \$3/class or \$20/mo.

ARTHRI-CISE - Pool

Water Wellness Workout M/W/F | 9:30-10:20 am M-F | 10:30-11:30am Th | 6 - 7 pm \$3/class or \$20/mo.

AQUA-CISE - Pool

Water Aerobics M/W | 6-7 pm T/Th | 7:45 - 8:30 am Sa | 10-11am \$3/class or \$20/mo.

ZUMBA H2O - Pool Join the party in the pool

T| 6-7 pm \$3/class or \$12/mo.

**POWER 10 FITNESS - Gym** 

Power 10 Body Impact 3 Wed month 6:50-7:20pm 3 Sat month 9:10-10 am \$8/class or \$20/mo.

PERSONAL TRAINING **Training Option #1** 

(1) 30 minute session -\$40 Partners: \$60

**Training Option #2** 

(3) 30 minute sessions \$100 Partners: \$170

**Training Option #3** 

(6) 30 minute sessions \$180 Partners: \$300

TAI CHI - Aerobic Rm Mind Body Connection T/Th | 10:30-11:30 am

\$2/class or \$15/mo.

YOGA with LOVE-Aerobic Rm Mind Body Poses for Energy

T/Th | 8-9 am T/Th | 5:30 -6:30 pm \$3/class or \$25/mo.

**ZUMBA** - Aerobic Rm Latin Inspired Energy Boosting M/W 7:30-8:30 pm Sat 9:30-10:30 am \$5/class; \$40/mo.



Gentle exercises should be done daily. Toning, stretching and balance exercises are the most important to help protect joints and reduce injury. Join one of the free classes offered to members:

**Light & Lively** M/W/F | 9:30am | Gym

Tai Chi for Arthritis M/W | 10:30am | Aerobic Rm

**Stretch for Success** T/Th | 10:30am | Ballroom II

**Matter of Balance** Wed | 10am | Ballroom I new class starting in Jan.

#### **Dance Cardio**

Mon | 12 - 1pm | Aerobic Rm | \$5 class Looking for a way to stay fit and have fun? Sweat to the music of The Beatles, Tina Turner and more!

Line Dancing

Sat | 10:30am | Ballroom 1 \$10 mo or \$3 per class

Learn the latest line dances and benefit from the exercise you get at the same time!

#### **Dance Class**

Sat | 11:30am | Ballroom 1 | \$20 mo C& W and ballroom moves will be taught. A different rhythm and list of moves will vary in this monthly class.

**Exercise/Dance** 

Sat | 12:30pm | Ballroom I \$20 mo or \$7 per class

Use line dance, C& W and ballroom moves in a fast paced exercise experience. Intermediate dance moves are used.

## **DECEMBER**

# **NUTRITION MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
If you have any questions regarding the Nutrition Program, please contact Eduvina Cruz at 972.237.4148.	SHOPPING  December 1 - ALDIS  December 8 - WALMA  December 15 - KROGE  December 22 - RIO GR	ART R	Beef Stew Southern Spinach Cornbread Apricot Halves Ice Cream Milk	Chicken and Mini Dumplings Seasoned Spinach Glazed Carrots Applesauce Fresh Baked Cookie Milk
Spaghetti with Meat Sauce Green Beans Fresh Fruit Breadstick Milk	Pepper Steak Brown Rice Pilaf Broccoli Salad Okra & Tomatoes Banana Pudding Milk	BBQ Chicken Fillets Flame Roasted Sweet Potatoes Mixed Vegetables Breadstick Fresh Baked Cookie Milk	Frito Pie Garden Salad with Dressing Spanish Rice Pineapple Chunks Crispy Rice Bar Milk	Chicken Sandwich & <b>7</b> Toppings Cilantro Ranch Corn Apricot Halves Milk
Spaghetti and Meatballs Summer Squash Romaine Salad with Dressing Breadstick Milk	Cheeseburger & Toppings Baked Home Fries Fresh Broccoli with Dressing Milk	Sliced Turkey/Gravy <b>14</b> Cornbread Stuffing Glazed Sweet Potatoes Italian Green Beans Pineapple Chunks Roll Milk	Chicken Drumsticks 15 Mashed Potatoes with Gravy Glazed Carrots Apple Wedges Milk	Chicken Tetrazzini Southern Spinach Butter Beans Fresh Fruit Breadstick Milk
Oven Fried Chicken Rosemary Roasted Potatoes Mixed Greens Pears with Caramel Sauce Breadstick Milk	Taco Salad Tejas Corn Apple Crisp Milk	Chicken Nuggets Mashed Potatoes Broccoli with Cheese Fresh Fruit Soft Breadstick Giant Goldfish Milk	Beef Fajitas & <b>22</b> Toppings Spanish Rice Fresh Fruit Fresh Baked Cookie Milk	No Meals will be served today.
No Meals will be served today.	BBQ Beef Sandwich Garlic Potato Wedges Broccoli w/ Cheese Apricot Halves Milk	Southern Style Meatloaf Mashed Potatoes Green Beans Peach Crisp Soft Breadstick Milk	Chicken and Okra Gumbo Southern Spinach Butter Beans Fresh Fruit Milk	Turkey Sandwich Sliced Tomatoes Tortilla Chips Mini Carrots Applesauce Cup Milk

Dec 7: 11am Nutrition Class - Kristi Sanders Dec 12: 10am Pamper Yourself

Dec 14:10:30am Commission on Aging

Dec 16: 10:30am Advisory Council Meeting Dec 21: 11:45am Birthday Celebrations

Dec 22: 8:30am Dallas County Health Dept.

## **Need a ride for lunch?**

Call the Grand Connection at 972-237-8546 to sign up. Transportation is available for those who are 60 yrs.+ Advanced reservations required.

Call 1.800.Relay.Texas for assistance for hearing or sight impaired individuals.

6 • Dec 2 • 1 The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com Dec 2 1 1 • 3

### COMPUTER CLASSES

**JUST THE BASICS - for beginners** Tues | 9-10:00am | Discovery II

It's never too late to learn something new! In this class you will learn the absolute basics of the computer.

- Group Lessons- \$25 for (4) 60 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

#### INTERNET, EMAIL & SOCIAL NETWORKING Wed | 9-10:00am | Discovery II

Discover the unlimited possibilities created by the Internet! Keep in touch with family and find long lost friends, read online publications and do research. Just the Basics is a pre-requisite.

- Group Lessons- \$25 for (4) 60 minute sessions
- Private Lessons-\$50 for (4) 45 minute sessions

#### **FACEBOOK**

#### Wed | Ipm | Discovery II

Heard the recent buzz about Facebook? Join the all new Facebook for Beginners class. We'll teach you how to open a Facebook account, add friends, change privacy settings and anser questions.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

#### **FACEBOOK II (Intermediate class)** Wed | 2:15 pm | Discovery 11

Can't get enough of Facebook? Take it to the next level with our intermediate class.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

#### **SMART PHONES**

#### Thur | I I am | Discovery II

Smart phone... Not so smart me. Do you have a smart phone but do not know half the things it does? Do you have an email account but don't know how to sync it with your phone? Are you interested in getting a smart phone but not sure what a smart phone does? If so this class is for you. Troubleshooting or a personal walk through.

- Group Lessons- \$25 for (4) 45 minute sessions
- •Private Lessons- \$50 for (4) 45 minute sessions

#### KEYBOARDING

#### Fri | 9am | Discovery II

Learn your way around the keyboard. Learn short cuts and special insider tips!

• Group Lessons- \$25 for (4) 45 min. sessions

#### **SUNDAY MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY SATURDAY** - Billiards - Billiards 7:00am - Golf at Prairie Lakes 8am 8am 8am - Billiards - Billiards 7:45 8am - Aqua-cise Keyboarding 9:10am - Power 10 9am 7:45am - Aqua-cise 9:30am - Arthri-cise 8am - Billiards / Yoga 9am - Computer: 9:30am - Zumba **Internet & Email** - Billiards/Yoga 9:30am - Arthri-cise 8am - Light & Lively 9am - Basic Computers - Light & Lively - Line Dancing 9:30am - Arthri-cise 10am 9:30am - Pickleball 10:30am - Bible Study 9:30am - Pickleball 9:45am - Learn to Swim 10:30am - Pickleball - Aqua-cise - Tai Chi for Arthritis 9:45am - Learn to Swim - Light & Lively 11am - Ballroom Dancing - Arthri-cise - Matter of Balance Toastmaster 10am 10:30am - Tai Chi/Arthri-cise 10am - Pickleball - Creative Jewelry 11:30am - 3-on-3 Basketball - Ceramics - Gardening 1pm - Arthri-cise - Stretch for Success 10:30am- Tai Chi - Table Games 2-4pm - Terrace Cafe - Bunco 1pm **11am** - GP Mobile Library 1pm - Bridge 10:30am-Tai Chi for Arthritis **Happy Hour** - Arthri-cise **12pm** - Dance Cardio - Table Games -Pickleball 10:30am - Stretch for Success 1pm - Crocheting - Lights, Camera Action 1-4pm - Arthri-cise **11**am - Smartphones - Open Game Days - Table Games - Facebook Class - Bridge 1pm 1pm - Bridge 2pm - Guitar Lessons 5:15pm - Learn to Swim - Bridge - Table Games - Summit Success 5:30pm - Yoga - Table Games 5:15pm - Learn to Swim - Open Game Days 2:15pm - Facebook II 5:30pm - Yoga 5pm 6pm - Table Tennis - Zumba H20 - Table Tennis 6pm - Arthri-cise 5pm 6pm 7pm - ABC /Woodcarving - Aqua-cise - ABC 6pm - Aqua-cise 7pm - Texas Hold'em - Crochet & Tat 6:50pm - Power 10 - Volleyball 7pm - Pickleball - Volleyball 7:30pm - Zumba 7:30pm - Zumba **SUNDAY MONDAY TUESDAY WEDNESDAY SATURDAY FRIDAY THURSDAY** 1pm **Summit Singles** Thursday Dance: 6:30pm Movie: One Day Movie: One Day Danny Romo 10:30am Holiday Fashion Show w/ Coldwater Creek 10 8 9 6 9:30am Trip: Dallas Heritage 10:30am 5-Star Dining -10:30am Membership Orientation 2pm Movie: Notting Hill **Sunday Strum Neiman Marcus** 6:30pm Movie: The Dog Who 4pm Movie: The Help **Acoustic Guitar** 6:30pm Movie: The Santa Clause 6:30pm Movie: The Help **Saved Christmas** Jam Session 6:30pm Trip - Prairie Lights **Golf Association Meeting** 7pm 17 12 11am 15 **Summit Singles** 16 П 13 10:30am Commission on Aging **[4**] 1pm **Book Club** 10:30am Advisory Council 10:30am Holiday Luncheon 7pm Thursday Dance: 11am Wine Bottle Accent Lights Sassy Jewels - Christmas 11:00am AARP Meeting Wine Bottle Accent Lights 11am 6pm 4:30pm Trip - Dinner Out Cheddars **High Caliber** 6:30pm Movie: Cowboys & Aliens Lunch at Bailey's 6pm **Volunteer Christmas** Volunteer Christmas 4pm Movie: Cowboys & Aliens 6pm 7:00 Uptown Theater - Babes in Movie: Elizabeth I (Part 1) Celebration Celebration 2pm Toyland 6:30pm Movie: Elf 24 19 21 22 23 18 20 2pm Closed for the Holidays 9:30am Trip: Lone Star Christmas **Sunday Strum** 10:30am Membership Orientation 2pm Movie: 6:30pm Movie: **Acoustic Guitar** at the Gaylord Texan 6:30pm Movie: National Elizabeth I (Part 1) The Santa Clause 2 6:30pm Movie: Mr. Popper's Jam Session Lampoon's Christmas 6:30pm Trip - Prairie Lights **Penguins** Vacation 25 31 26 27 28 30 29 Closed for the Closed for the Holidays Closed for the Holidays 6:30pm Movie: Airplane Movie: A Summer Place 6:30pm Movie: Colombiana 2pm Holidays The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com Dec 2011 • 5

3

4 • Dec 2011 The Summit | 2975 Esplanade | Grand Prairie, TX 75052 | 972.237.4141 | GrandFunGP.com