



## Make a Difference VOLUNTEER

### Nutrition Program Advisory Council

Nominations | Sept. 12-15 |  
Elections | Sept. 16 | 8am-12pm  
You must be a nutrition member participant to be considered for the Advisory Council. Nominations are presented and elected by the nutrition member participants.

### Steering Committee

Now forming. If you are interested in giving ideas and suggestions about classes, programs and special events then let us know! Leave your name and contact information at the front desk. You will be contacted about the first meeting.

### AARP Driver Safety Program

Sept 22 | 12:30 - 4:30pm. | Thurs  
Ballroom I

\$14 for AARP members  
\$16 for non AARP members  
Need a discount on your auto insurance? This course can help you achieve that! Please present your AARP card to receive the member's pricing. Advanced sign up is requested.

### SUMMIT Membership Orientations

1st & 3rd Tuesdays | 10:30am  
Wings Theater | FREE

Come join us as we will share the amenities of The Summit along with any questions you may have about our facility.

### Volunteer of the Month

The Summit would like to recognize our Volunteer of the Month for September, **Barbara Jones**. She is always happy to meet and greet you with speedy service to and from your vehicle! She has been volunteering since we opened the doors of The Summit and we would like to give her a great big THANK YOU!!



Danke schon to **Ron Engel** for 6+ years of volunteering as our German instructor! Thank you for sharing your talents and knowledge.

## STAFF

Linda Long *General Manager*

Amanda Alms  
*Aquatics & Fitness Manager*

Michael Levy  
*Assistant Manager*

Dennis Slayton  
*Recreation & Events Supervisor*

Eduvina Cruz  
Cameron DeBose  
Danielle Nunn

Ray Smith  
*Chef*

*Recreation Leaders*

#### Recreation Aides - Front Desk

Edwin Acosta  
Susan Eaves  
Linda Lankford  
Gene Grafton  
Elicia Sierra  
Maranda Vaughan  
Ivan Cantu  
Forest Melton

#### Fitness & Aquatics

Amber Martin  
Miguel Ipina  
Victor Villegas  
Michael Engler  
Lourdes Gabaldon  
David Smith  
Aaren Garcia  
Nancy Huynh  
Brylee Nelson  
Adeline Carr

#### Custodial Staff

Jimmy McNeal  
Paulfred Hall  
Edmund Echaore  
Chona Cuizon  
Brenda Meza

*Grand Prairie*  
TEXAS  
PARKS AND RECREATION  
The Summit is a City of Grand Prairie facility

## THE SUMMIT AWARDS

Please help us congratulate

**EDUVINA CRUZ**  
City of Grand Prairie  
Parks and Recreation  
Employee of the Year!



Please be aware that The Summit is a smoke free facility and no outside food and beverages are permitted inside. Thank you for your cooperation!



### HOURS OF OPERATION

#### Fitness (Use North Entrance)

Mon - Fri 5:30 a.m.-9 p.m.  
Saturday 9 a.m.-9 p.m.  
Sunday 1 p.m.-5 p.m.

#### Front Lobby Entry

Mon - Fri 8 a.m.-9 p.m.  
Saturday 9 a.m.-9 p.m.  
Sunday 1 p.m.-5 p.m.



Sept 2011 **NEWS**

## SUMMIT'S FALL FASHION SHOW

FRIDAY | SEPTEMBER 30 | 11am  
Admission \$1 - goes toward purchase

Summit members are invited to attend and participate in the Summit's 1st Fall Fashion Show. The Fall Fashion line up will consist of Summit Polos, T-shirts, Hats, Goggles, and Swim and Fitness supplies.

COME OUT AND ENJOY THE FUN!

THE STARS FROM  
**The Platters**  
**The Coasters**  
**The Drifters**  
& **Temptations**  
SALUTE

FRIDAY, SEPT 16 AT 8:00PM  
**UPTOWN THEATER**  
120 East Main Street • Grand Prairie, TX 75050  
UptownTheaterGP.com  
**972.237.UPTN**

# SEPT SPECIAL BUY A SUMMIT ANNUAL MEMBERSHIP GET 1 MONTH FREE



**5-Star Dining- Ruth's Chris Steakhouse**  
**Fri | Sept 9 | 10:30am-2pm**  
**\$5 Transportation**

Hungry for one of the best steaks in the Dallas /Fort Worth area? We invite you to enjoy other Summit members as you experience the flavor, service and expertise from Ruth's Chris.

**Dinner Out - Abuelo's**  
**Tues | Sept 13 | 4:30pm**  
**\$3 Transportation**

Enjoy great Mexican food with great company! Bring money to cover the cost of your meal.

**Taste of Grand Prairie- Quik Trip Park**

**Thurs | Sept 22 | 3:30-5:30pm | \$8**  
 Experience the best of Grand Prairie! Over 50 exhibitors, door prizes, silent auction and more!

**Delaney Vineyards**

**Tues | Sept 27 | 1-4:30pm | \$16**  
 For an entertaining and educational experience join us for a tour of the winery and sample their award-winning wines. Tours last about one half hour and are led by a knowledgeable staff. Learn about the special grapes grown here for our unique North Texas climate. The grape-growing, harvesting, wine-making and bottling processes are all explained.

**Modern Art Museum of Forth Worth**

**Wed | Sept 21 | 10am-2pm | \$10**  
 The Modern Art Museum of Fort Worth (widely referred to as The Modern) was first granted a Charter from the State of Texas in 1892 as the "Fort Worth Public Library and Art Gallery", evolving through several name changes and different facilities in Fort Worth. The mission of the museum is "collecting, presenting and interpreting international developments in post-World War II art in all media." Lunch on your own at Tommy's Hamburger Grill.

**Upcoming Trips**

**5-Star Dining - Celebration**  
**Fri | Oct 7 | 10:30am-2pm**  
**\$5 Transportation**

**Beaumont Ranch Fish Fry and Dance**  
**Fri | Oct 21 | 5:30- 10pm | \$15**

**Choctaw Casino**  
 Member Appreciation Trip  
**Fri | Oct 7 | 8am - 6:00pm | \$1**

**Dinner Out - Texas Roadhouse**  
**Tues | Oct 11 | 4:30pm**  
**\$3 Transportation**

**State Fair of Texas**  
**Thur | Oct 13 | 9:30am - 3:30pm | \$5**  
**Thur | Oct 13 | 5:30pm - 10pm | \$5**

**NEW INTERESTS**

**Bunco Game**

**Wed weekly | 10am-12pm | Ballroom I**  
 Try to get three of a kind (Bunco) when it's your turn. Snacks, refreshments and prizes for most buncos and most games won. Bring a \$5 value gift to join in and play. Please sign up in



advance at the front desk.

**Pool Tournament**

**Friday | Sept 30th | 10am - 1pm | \$10**  
 The Summit will be hosting our monthly pool tournament and challenging Irving again. We will also be serving a BBQ lunch. The cost is \$10 per player. Come out and compete for the prized trophy and a month's worth of bragging rights!

**Swing Dance Class**

**Fridays | 7-8:30pm | Ballroom**  
 Learn to swing dance from some of the most talented instructors in Texas! All levels are welcome. Cost \$7 per class or \$20 a month.

**Dance Cardio**

**Fridays | 2-3pm | Aerobic Rm**  
 Looking for a way to stay fit and have fun? Try our Cardio Dance Class. Sweat to the music of The

**CREATIVE ARTS**



**Woodcarving**

**Tues weekly | 7p.m | Discovery I**

**Creative Jewelry - Open Studio**

**Fri weekly | 1p.m | Discovery I**

**Begining Guitar Lessons**

**Tues weekly | 2p.m | \$20/Class**

**Ceramics - Open Studio**

**Wed Weekly | 10am-Noon | \$10/mo.**

**Rubber Stamped Cards**

**Thurs Weekly | Noon-1:30pm**

**\$10/Class | Discovery I**

Create rubber stamped cards for your loved ones. Each participant will leave class with 4 custom made cards!  
 Instructor: Shelia Manuel

**Scrapbooking**

**Tues Weekly | 1-3pm | \$5/class**

Make your memories last a lifetime! Beginning Sept. 6th  
 Located in Discovery 1  
 Instructor: Marjorie Dorsett

**Lights, Camera, Action! Tues | 1pm | Discovery II**

Do you have pictures that you've taken that are sitting on your digital camera, and aren't quite sure how to upload them on your personal computer? Sign-up and join the "Digital Camera Literacy" class, where you will be taught the different functions of a digital camera, how to upload pictures to a personal computer, and have the opportunity to ask any question you may have.

**Wine Bottle Accent Lights**

**Tues | 11:30-1pm | \$20/class**

Design unique wine bottle accent lights as a gift or decoration for your home. Check out the display at the front desk. Located In Discovery 1  
 Instructor: Sheila Manuel

**Watercolors**

**Wed Weekly | 2-4pm | \$20/class**

Learn how to paint in the beautiful medium of watercolor. Art Guerra is the perfect teacher to get you started! New classes forming for Sept.

**GROUPS**

**Summit Red Hat Chapter Sassy Jewels**

**Wed | Sept 14 | 11am | Macaroni Grill**

Ladies...you are missing out on a great adventure if you haven't experienced being a part of a Red Hat Society Chapter! Find a red hat and some purple clothes and come to the next Sassy Jewels luncheon on Wednesday, Sept. 14th at 11am at Macaroni Grill in Arlington on S. Cooper, south of I-20. Membership in the Sassy Jewels is only \$10 a year. Ask at th front desk for a membership form. Luncheon meetings are held every 2nd Wednesday of the month at 11am at a selected restaurant.

**The Summit Singles**

**Thurs | Sept 1 / 15 | 1pm | Wii Rm**  
**Single and want to meet new friends? (formerly known as "Suddenly Single")**

Join othersingles,led by professional counselor Bob McIntosh for frank discussions about your lives as single adults. Give The Summit staff ideas and input about social and educational programs and trip ideas for the 50+ Singles. Coming soon...new evening activities for singles!!

**Chick Flick Wednesdays!**

**starting Sept 7 | 2pm | Wings Theater**  
 Sit back and enjoy a sentimental oldie but goodie film! Showing will be titles such as: Breakfast at Tiffany's, An Affair to Remember, The Great Gatsby, and more. Suggestions are welcome!!

**Book Club**

**Sept 13 | 11am | Conference Rm**

This month's book club selection is "Death on Demand" by Carolyn G. Hart. Hart has other cozy series, but her most popular remains the "Death on Demand" series. Annie Laurance sells books and solves murders with equal flair at her small town bookstore, Death on Demand. In true cozy style, Annie's first brush with death causes her to become the prime suspect in the murder and, with the help of her friend Max Darling, she must solve the crime before she is arrested.

**Commission On Aging**

**Sept 14 | 11am | Dining Rm**

This month's speaker is Janice Moore with the Senior Source. She will be talking about the Foster Grandparent Program.



**Prairie Lakes GOLF COURSE**  
 GRAND PRAIRIE, TEXAS  
 3202 SE 14th St. Grand Prairie, Texas 75052  
 972.263.0661 | PrairieLakesGolf.com



**Tangle Ridge GOLF CLUB • GRAND PRAIRIE, TEXAS**  
 818 Tangle Ridge Dr. Grand Prairie, TX 75052  
 972-299-6837 | TangleRidge.com

## The greatest wealth is health!

### Standard First Aid and CPR Training

THURSDAY, SEPT 15TH

8:30am -2:30pm

\$45

Help Save A Life!



HEALTH

GYM GAMES

#### SUMMIT SUCCESS

Mon | 1pm & 7pm  
Discovery II

Eat right. Move more.  
Group motivation.  
Brain Body  
Connection starts  
in Sept.

#### HEALTH SCREENING

Thur | Sept 22  
8:30am-Noon

Dallas County nurses  
will check your blood  
pressure, glucose,  
iron, cholesterol  
and weight free  
of charge.

#### MASSAGE THERAPY

\$1 per min.  
Flexible Hours  
By Appointment  
Call Fitness Desk  
972 237-4150

#### BASKETBALL

Mon/Wed/Fri | 1pm  
Mon/Wed | 7-9pm  
Sat | 11am-1pm

#### HORSESHOE & WASHERS

Tue/Thu | 9:30am

#### PICKLE BALL

Tue/Thu | 9:30am  
M/W/F | 10:30am  
Pick up games  
full of fun.

#### TABLE TENNIS

Mon/Wed | 5-7pm

#### VOLLEYBALL

Tue/Thu | 7-9pm  
Sun | 2pm

#### ABC

Absolute Body Conditioning  
Tone, Tight & Strong  
Tue & Thu | 7-7:45 pm  
Aerobics Room;  
\$3/class or \$20/mo.

#### ARTHRI-CISE

Water Wellness Workout - Pool  
M/W/F | 9:30-10:20 am  
Thur | 6 pm  
Mon-Fri | 10:30-11:30am  
\$3/class or \$20/mo.

#### AQUA-CISE

Water Aerobics - Pool  
Mon / Wed | 6-7 pm  
Sat | 10-11am  
\$3/class or \$20/mo.

#### ZUMBA H2O - Pool

Tue | 6-7 pm

#### POWER 10 FITNESS

Power 10 Body Impact  
Workouts in the Gym  
3 Wed month 6:50-7:20pm  
3 Sat month 9:10-10 am  
\$8/class or \$20/mo.

#### PERSONAL TRAINING

##### Training Option #1

(1) 30 minute session  
Individual: \$40  
Partners: \$60

##### Training Option #2

(3) 30 minute sessions  
Individual: \$100;  
Partners: \$170

##### Training Option #3

(6) 30 minute sessions  
Individual: \$180;  
Partners: \$300

#### TAI CHI

M-Th | 10:30-11:30 am  
\$2/class  
Aerobic Rm

#### YOGA with LOVE

Tue/Thur | 8-9 am  
Tue/Thur | 5:30 -6:30 pm  
\$3/class or \$25/mo.  
Aerobic Rm

#### ZUMBA

Mon & Wed 7:30-8:30 pm  
Sat 9:30-10:30 am  
\$5/class; \$40/mo.  
Aerobic Rm

## Bible History Class

Mon | 10:30 am | Wings Theater

This video tour series of the Holy Lands titled "That the World May Know" was produced by Focus on the Family and features theologian Ray Vander Laan. Each lesson is punctuated with a "Faith Lesson" derived from the history of the area. Neal Clary will facilitate a provocative discussion following each weekly lesson. The weekly study will be held each Monday beginning September 12th.

## Investment Strategies for Today's Retirees

Tues | Sept 13 | 1pm or 6:30pm | Ballroom

Learn how to retire in style and plan towards the quality of life that you deserve. This free seminar will cover the following topics:

- Never running out of money
- Leave a legacy to/for your children
- Live off the interest and never touch the principle
- How to handle a long-term care event
- Maintain your standard of living

## Walk Across Texas -

Sept 17 - Nov 12 | \$10



New to exercising or looking to increase your activity? Sign-up and join the Walk Across Texas Program, an 8-week exercise program. Devote 150 minutes each week and you will feel better and look better too! Join a team today. Team t-shirts and prizes will be awarded. For more information contact Danielle Nunn.

## Matter of Balance Class

starts Sept 21 | 10 am-noon | Ballroom

Take control of your life and reduce the fear of falling. Set realistic goals to increase activity, change your environment to reduce fall risk factors and learn simple exercises to increase strength and balance. After completion of the class, you will receive a certificate. Class is free but you must register in advance at the front desk. This class was held last session and was very successful. Space is limited so sign up today!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
If you have any questions regarding the Nutrition Program, please contact Eduvina Cruz at 972.237.4148.	<b>SHOPPING TRIPS</b> SEPTEMBER 1 - KROGER SEPTEMBER 8 - WALMART SEPTEMBER 15 - SACK & SAVE SEPTEMBER 22 - ALBERTSONS		Taco Salad Tejas Corn Sliced Peaches Milk	BBQ Beef Sandwich Black Eye Pea Salad Fresh Romaine Salad & Dressing Mini Carrots Apricot Halves Milk
<b>5</b> NO MEALS WILL BE SERVED DUE TO LABOR DAY HOLIDAY.	<b>6</b> Fruit Plate Yogurt & Granola String Cheese Wheat Crackers Milk	<b>7</b> Southern Meatloaf Mashed Potatoes Green peas Pears with Caramel Sauce Dinner Roll Milk	<b>8</b> Chicken Fajitas Spanish Rice Pineapple-Orange Salad Chilled Pudding Milk	<b>9</b> Pasta & Meatballs Glazed Carrots Green Beans Breadstick Sliced Peaches Milk
<b>12</b> Grilled Chicken Sandwich Sliced Tomatoes Roasted Rosemary Potatoes Diced Pears Milk	<b>13</b> Tacos & Taco Toppings Tejas Corn Fresh Fruit Fresh Baked Cookie Milk	<b>14</b> Chicken Drumstick Mashed Potatoes & Gravy Okra & Tomatoes Pineapple-Apricot Salad Dinner Roll Milk	<b>15</b> BBQ Beef Sandwich Seasoned Corn Fresh Fruit Apple Crisp Milk	<b>16</b> Chef Salad Pasta Salad Fresh Fruit Breadstick Gingerbread Milk
<b>19</b> Beef Enchiladas Charro Beans Romaine Salad Applesauce Milk	<b>20</b> Salisbury Steak Baked Potato & Toppings Summer Squash Sliced Peaches Breadstick Milk	<b>21</b> Chicken Salad Potato Soup Sliced Tomatoes Pineapple-Orange Salad Wheat Crackers Apple Crisp Milk	<b>22</b> Beef Stew Southern Style Spinach Strawberry Pear Salad Cornbread Fruited Gelatin Milk	<b>23</b> Roasted Chicken Mashed Potatoes & Gravy Broccoli & Cheese Dinner Roll Chilled Pudding Milk
<b>26</b> Spaghetti with Meat Sauce Green Beans Fresh Fruit Breadstick Milk	<b>27</b> Pepper Steak Brown Rice Pilaf Broccoli Salad Okra & Tomatoes Oreo Pudding Milk	<b>28</b> BBQ Chicken Roasted Sweet Potatoes Zucchini Squash Breadstick Fresh Baked Cookie Milk	<b>29</b> Taco Salad Charro Beans Sliced Peaches Milk	<b>30</b> Hamburger & Hamburger Toppings Ranch Corn Apricot Halves Milk

Sept. 15: 11am	Lactose Intolerance by: Kristie Sanders	Sept. 22: 8:30am	Health Check-ups- provided by Dallas County Nurses
Sept. 16: 10:30am	Kitchen Bingo (please bring peanut butter, jelly, paper towels, coffee cups, napkins, creamer, coffee, and butter)	Sept. 23: 11am	Fall Prevention - Vickie Devault
		Sept. 30: 10:30am	Advisory Council Meeting
		Sept. 30: 11:45am	Birthday Celebrations

**Need a ride for lunch?** Call the Grand Connection at 972-237-8546 to sign up. Transportation is available for those who are 60 yrs.+ Advanced reservations required.

**Call 1.800.Relay.Texas for assistance for hearing or sight impaired individuals.**

# COMPUTER CLASSES

## JUST THE BASICS - for beginners

Tues | 9-10:30am | \$15/mo.

It's never too late to learn something new! In this class you will learn the absolute basics of the computer. Instructor: Ivan Cantu



## INTERNET, EMAIL & SOCIAL NETWORKING

Wed | 9-10:30am | \$25/mo.

Discover the unlimited possibilities created by the Internet! Keep in touch with family and find long lost friends, read online publications and do research. Just the Basics is a pre-requisite.

## FACEBOOK

Wed | 1pm | Discovery II

Hear the recent buzz about Facebook? Join the all new Facebook for Beginners class. We'll teach you how to make a facebook, add friends, change your privacy settings or any other questions you may have.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions



## FACEBOOK II (Intermediate class)

Wed | 2:15 pm | Discovery II

Can't get enough of Facebook? Take it to the next level with our intermediate class.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

## SMART PHONES

Thur | 11am | Discovery II

Smart phone... Not so smart me. Do you have a smart phone but do not know half the things it does? Do you have an email account but don't know how to sync it with your phone? Are you interested in getting a smartphone but not sure what a smart phone does? If so this class is for you. Troubleshooting or a personal walk through.

- Group Lessons- \$25 for (4) 45 minute sessions
- Private Lessons- \$50 for (4) 45 minute sessions

## KEYBOARDING

Fri | 9am | Discovery II

Learn your way around the keyboard. Learn short cuts and special insider tips!

- Group Lessons- \$25 for (4) 45 min. sessions



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>RECURRING SCHEDULE</b>	8am - Billiards	8am - Billiards / Yoga	8am - Billiards	7am - Aqua-cise	8am - Billiards	8am - Billiards
	9:30am - Arthri-cise	9am - Basic Computers	9am - Computer: Internet & Email	8am - Billiards	9am - Keyboarding	9:10am - Power 10
	- Light & Lively	9:30am - Pickleball	9:30am - Arthri-cise	- Yoga	9:30am - Arthri-cise	9:30am - Zumba
	10:30am - Tai Chi	9:45am - Learn to Swim	- Light & Lively	9:30am - Pickleball	- Light & Lively	11am - 3-on-3 Basketball
	- Pickleball	10:30am - Tai Chi / Arthri-cise	10am - Matter of Balance	9:45am - Learn to Swim	10:30am - Pickleball	4pm - Movie
	- Arthri-cise	11:30am - Wine Bottle Accents	- Ceramics	10am - Toastmaster	- Arthri-cise	
	11am - GP Mobile Library	1pm - Bridge/Scrapbook	- Bunco	- Gardening	11pm - Creative Jewelry	
1pm - Basketball	- Table Games	10:30am - Tai Chi / Pickleball	10:30am - Tai Chi	1pm - Table Games		
- Crocheting	- Lights, Camera Action	- Arthri-cise	- Arthri-cise	- Basketball		
- Table Games	1-4pm - Open Game Days	1pm - Facebook Class	11am - Smartphones	6:30pm - Movie		
- Bridge	2pm - Guitar Lessons	- Bridge / Basketball	12pm - Rubber Stamp Cards			
- Summit Success	5:15pm - Learn to Swim	- Table Games	1pm - Bridge			
1-4pm - Open Game Days	5:30pm - Yoga	2pm - Watercolors	- Table Games			
5:00pm - Table Tennis	6pm - Volleyball	2:15pm - Facebook II	5:15pm - Learn to Swim			
6pm - Aqua-cise	- Zumba H2O	5pm - Table Tennis	5:30pm - Yoga			
- Texas Hold'em	6:30pm - Ballroom Dancing	6pm - Aqua-cise	6pm - Volleyball			
7pm - Summit Success	7:00pm - ABC / Woodcarving	6:50pm - Power 10	- Arthri-cise			
7:30pm - Zumba	7:30pm - Ballroom Dancing	7:30pm - Zumba	7pm - ABC			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1pm Summit Singles 10:30am Movie: Food Matters 7pm Thursday Night Dance: Gold River Band	6:30pm Movie - Soul Surfer (PG)	4pm Movie - Soul Surfer (PG)
2pm Sunday Strum Acoustic Guitar Jam Session	THE FACILITY WILL BE CLOSED IN OBSERVANCE OF LABOR DAY.	10:30am Membership Orientation 6:30pm Movie: The Hunt for Red October (PG)	9:30am Medicare Fraud Training 2pm Movie: The Devil Wears Prada	9:30am Medicare Fraud Training 10:30am Movie: The New Medicine 6:30pm Movie: Guys and Dolls	10:30am 5-Star Dining - Ruth's Chris Steakhouse 6:30pm Movie - R.E.D. (PG13)	4pm Movie - R.E.D. (PG13)
	10:30am Bible Study	11am Book Club 4:30pm Trip - Dinner Out Abuelos - Arlington 6:30pm Movie - Chariots of Fire	11:00am Sassy Jewels Out to Lunch 11:00am Commission on Aging Speaker- Janice Moore, Senior Source 2pm Movie: Mamma Mia	10:30am Movie: Healthy Aging 11am Nutrition Class 1pm Summit Singles 5pm Travel Club 7pm Thursday Night Dance: Open Range	10:30am Kitchen Bingo 11:00 AARP Meeting 6:30pm Movie-True Grit 7:30pm Uptown Theater	4pm Movie - True Grit *Encore Showing*
2pm Sunday Strum Acoustic Guitar Jam Session	11am Handling Stress Seminar by Kim Bell, Alzheimers Assoc.	10:30am Membership Orientation 6:30pm Movie - Selena	10am Trip: Modern Art Museum 10:30am Bunco 2pm Movie: The Great Gatsby	8:30am Health Screenings 10:30a Movie: The Gates 11am Medicare Q&A 12:30p AARP Driver's Safety Course 3:30p Trip: Taste of GP - QT Park 6:30pm Movie: Moulin Rouge	11am Seminar: Fall Prevention Presentation by: Vickie Devault 6:30pm Movie - Arthur (PG13)	4pm Movie - Arthur
		1pm Trip: What's Happening at Delaney Vineyards 6:30pm Movie - Dreamgirls	2pm Movie: Hairspray	10:30am Movie: The Historical Pubs of Dublin 6:30pm Movie: Chicago	10:30am Advisory Council Meeting 11:00am Fall Fashion Show 11:45am Birthday Celebrations 6:30pm Movie - Jane Eyre (PG13)	